

**Term 3**  
**Week 3 – 30 July 2014**  
*Distributed weekly on Wednesday*

**Please return all Scouts Raffle Tickets to the office asap – sold or unsold.**

## ILLNESS NOTIFICATION

We have been advised of numerous children absent from school with flu like symptoms – including headaches, fever, coughs, rashes, lethargy, sleepiness. In all instances the illnesses have been more than a “cold”. Please monitor any of these symptoms carefully and seek medical advice if necessary. Children are requiring multiple days, up to a week of bed rest until back to normal health. Thanks to everyone for keeping children at home – we don’t want this to spread through the school and we are unable to care for children in the classroom who are not 100%.

We have also been received notification of head lice. Please regularly check your children’s hair. Children cannot return to school until their hair has been treated.

*A year calendar of events was distributed at the start of the year.  
This section includes those events and any updates.*

### **Term 3**

**14<sup>th</sup> July – 19<sup>th</sup> September**

*10 weeks*

*0 public holidays*

*1 pupil free day – Montessori Networks*

#### **August**

1<sup>st</sup> Friday – Cycle 3 Winter Sports Carnival

9<sup>th</sup> Saturday – Sausage Sizzle at Beechworth & District Community Bank

15<sup>th</sup> Friday – Pupil Free Day – staff Montessori networking

31<sup>st</sup> Sunday – Maria Montessori’s birthday

#### **September**

3<sup>rd</sup> Wednesday – Father’s Day Night 5-6pm

8<sup>th</sup> – 18<sup>th</sup> – Cycle 2&3 Parent Teacher Interviews

16<sup>th</sup> Tuesday – International Peace Day celebrations

**19<sup>th</sup> Friday – End of Term 3 – 2.15pm finish**

#### **October**

11&12 October – Loads of Clothes Market – Memorial Hall

17<sup>th</sup> December – End of Term 4. 3.15pm finish

***More dates to be added throughout the term.  
Keep checking this section to stay informed***

## From the Principal

**Tree planting afternoon:** Thanks to the parents who turned up, the students and Jenny Pena who co-ordinated the event and put in a few extra hours on Saturday. We are still to finish the area as the task was a little bigger than we anticipated. If you can donate some time to lay mat/newspapers and plant please let us know.

#### **Physical Education and change of specialist days:**

I am please to advise that an appointment has been made for a new Phys Ed teacher – as previously advised Andrea will continue as the Italian Director as she has accepted a .8 position at another school. Josh Carr will commence as the Physical Education Director this week. To accommodate the staffing change Phys Ed and Italian will now be on Friday, bluearth Thursday fortnightly and Music will remain on Tuesday.

**Kerferd Oration:** I attended the Kerferd Oration on Sunday and was proud of the efforts of our students Indigo Walker Stelling and the videod presence of Eadie Pfahlert. I’ve received some lovely feedback from the community on the students and their public speaking.

**Rotary International:** Last night I spoke to the members of this local group on all things Montessori; our history, growth, relocation, the opening of the adolescent program at Beechworth Secondary College in 2015 and the Changing Minds project at Beechworth Health Service. Again, some misconceptions were shattered and the feedback was positive. I sincerely thank the group for the invitation to speak to their members.

**Moonstone Assistant:** Sally Richardson will be taking personal leave for the rest of the term to enable her to support the ill health of a family member. We will miss Sally's presence but she goes with our sincerest best wishes during this difficult time. We are blessed to have some amazing relief staff who will fill the role and you will see Khy Grayling and Dina Vayenas filling the role and supporting Susi in the room. Both people have been past staff members, know the children, and have great depth of knowledge of the curriculum and Montessori. We welcome them back into our community.

*Kind regards, Heather*

## From the President of the Committee of Management

### Strategic Planning Day

A report regarding this day will be included in the next newsletter.

*Seane Pieper, President*

## General News

### Introducing the new Physical Education Teacher

My name is Josh Carr. Originally from Wangaratta, I studied sports science and PE teaching in Ballarat and Melbourne, before I moved back to North East Victoria and I have lived in Beechworth for the last 6 years. I have worked in schools around the area and look forward to making a contribution at Beechworth Montessori School. I am a keen sportsman involved with many clubs and enjoy spending time with my partner Fran and our 2 girls Violet and Hazel. I am a Blueearth trained teacher and value kids enjoying sports and games, being active, participating and having a go.



### Lost Property

Two soft pack Katmandu jackets have gone missing – a pale blue and grey and a black – sizes 10/12. At least one of these is named. Can you please check to see if your child may have picked up the wrong jacket.

There are a number of missing and unnamed items in the Cycle 2&3 lost property – jumpers, coats, hats, etc. Any items left on the floor in the corridors are placed in lost property. If they are named they can be returned to the owner. Unnamed clothing that isn't collected by the end of term will be donated to the opportunity shops.

### THRASS Parent Information Session

If you are interested in attending a THRASS Parent Ed session, please advise via email or through the Office of your preferred time and day. We will try to accommodate the requests the best we can.

### Garage Sale of School Surplus Items

Grab a bargain at the Montessori surplus items garage sale on Saturday and Sunday August 16 and 17. Located in the building beside the Chapel at the back of the school there are various items including cabinets, tables

## P&F News

### Team Loads of Clothes need your help

The Loads of Clothes fundraiser will be held over Saturday and Sunday October 11<sup>th</sup> and 12<sup>th</sup>. This is a major fundraiser for our school and this year we have arranged it as a joint fundraiser with the Flying Fruit Fly Circus. Having the support of the FFC will enable us to run this event whilst sharing the workload. We are asking for another 2 individuals to join the Loads of Clothes team.....Most of the preparation is complete...we are not asking for a lot of time....just some desire to take on some responsibility over the weekend would be much appreciated. If you are interested in helping out please contact Danielle Colson,



**LOADS OF CLOTHES**  
market | buy & sell  
2014

The Loads of Clothes Market is back Bigger and better than ever before

Quality & designer clothing & accessories.  
Thousands of new & preloved items for women, children & men.

SAVE THE DATE...  
**OCTOBER 11 & 12**  
BEECHWORTH MEMORIAL HALL  
Sat: 9am - 4pm  
Sun: 9.30am - 12.30pm  
FREE ENTRY

Don't miss your chance to take home quality, designer clothes at bargain prices  
Cash Only!

Fundraising for  
Flying Fruit Fly Circus  
To become a seller  
Register for free by Friday 12th September  
Enquiries: LOCG@bms.vic.edu.au  
03 5728 2940

Georgia Marlowe or Rebecca Holmes.

Registration for sellers at this year's Load of Clothes Market are now open.

Sellers can register until the end of September and the market will be open for buyers at Memorial Hall Beechworth on Saturday and Sunday October 11 & 12.

**Thank you, Team Loads of Clothes**

### **Pizza Oven Fundraiser**

Help Needed – Saturday 9<sup>th</sup> August 7am – midday

Sausage Sizzle and Cake Stall at the Beechworth and District Community Bank

A few volunteers are required to help out at the forthcoming sausage sizzle and cake stall. Cycle 3 children are also welcome. The Beechworth and District Community Bank will donate \$200 towards consumables for the purchase of anything we like – for example sausages, bread, eggs and bacon, even cake ingredients.

Please let me know if you can help on the day, or will contribute by baking biscuits, slices or cakes.

It would be fantastic if as many families as possible donated a small plate of goodies.

Contact Beck on 0429 336 182 or [ohmberecca@gmail.com](mailto:ohmberecca@gmail.com)

All funds raised from the sausage sizzle and cake stall will go towards the materials and installation of Montessori's own pizza oven .... Future place for cooking workshops, learning, gathering, and lots of delicious fun!

## **Music News**

In our first two weeks of music classes, I have met all the wonderful students and staff of Beechworth Montessori and I am delighted to have had a great experience with our music sessions.

We have been working with percussion and I have introduced African Drumming on traditional Instruments. We are working on a routine which is engaging all students in rhythm skills that will provide a base for ensembles to perform arrangements that will get your feet tapping or dancing! I will also be introducing some songs to the classes in our next sessions.

I would like to congratulate all the students for their efforts and attitude in trying their hardest and also their delightful behaviour.

**Kind Regards, Conrad Forrer**

**Music Director**

## **Cycle 2 News**

### **Across Both Rooms**

#### **Moonstone**

**Moonstone has new authors for our newsletter – the students!**

**Parent Visitors inspiring real life Mathematics**

Brianna's Dad Murray from the CFA came to visit our class. He taught us how to use maps. He showed us how to

make a grid reference for our school and Wooragee. When I went around the classroom and asked everyone what they liked best. Was it holding your breath, making a ruler, working out how much air is in the tank or finding places on the map? Most people said holding their breath.

By Mietta

On Tuesday the 29<sup>th</sup> of July Xavier Pinard visited Moonstone. He gave us a wonderful example of everyday maths. We also got some



exciting news. He said he is building a tight rope in the Cycle 2 and 3 playground. Natasha measured the metal plate that the tightrope stands on. Thankyou Xavier for a wonderful visit and your fantastic example of everyday maths. We look forward to seeing the tightrope.

By Ruby and Natasha

### **Art**

In art we are learning to paint. First we mixed primary colours in a colour wheel. Then we drew and painted vases. Next we learnt how to make tints by adding white. Last we made shades by adding black. We only needed a dot of black and we tried not to make black on the second last square.

By Samadhi

### **Impressions; The 5<sup>th</sup> Great Story**

This time it was about numbers. Susi talked about how different countries discovered numbers. Susi covered pictures with pieces of paper and when it was time she took the pieces off. Here are some of our impressions. Ruby liked the start of the story, Samadhi loved the painting, Brianna, the surprises, Alanna enjoyed the photos, Mietta, Eloise, Charlie, Harriet and Taya liked listening to the story, Eli, Henry, Jack, Poppy and Charlotte were interested in the ancient number charts, Natasha and Sonny; the nuts, Berti and Cooper; the egg. Arnya; the limes, Sally: the Mayans and Susi, the Indians inventing zero. Here are some Roman numerals 5 = V 10 = X 1=1 2 =II 50=L 100=C 500=D 1000=M

By Arnya, Cooper and Berti

### **Weekly timetable changes**

Wear Sports shoes on Thursdays and Fridays due to timetable changes. Bluearth is now on every second Thursday commencing this week and Sport is on Fridays. Italian has also moved to Friday and cooking is now on Wednesday. Susi and Sally

## **Turquoise**

### **Timetable Changes:**

With changes to staffing and schedules, some days for activities have also changed. Turquoise will now have music on Tuesdays, cooking and art on Thursdays, Bluearth every second Thursday (including this week), and sport and Italian on Fridays.

### **Cooking:**

So far this term we have made and enjoyed Spinach and Pumpkin risotto and then Leek and Potato soup. There has been a few requests for recipes and I will endeavour to email them home.

### **Geography:**

The children are extending their knowledge of the hydrosphere having discussed the water cycle, and then this week learning the oceans. The children then reviewed their Atlas know-how, using them to locate seas, countries those seas were near, rivers flowing into the seas, and which ocean the sea then became a part of.

We are also having quite frenzied use of the puzzle maps in the room with countless maps being created and painted – always great for fine motor skills and knowledge review.

### **Space Cycles:**

After listening to the first great story – the Story of the Universe, the children have begun learning about space cycles. Last week they learned/reviewed what is a day, what causes day and night, and what is a year, in relation to the movement of the earth.

### **Readers:**

*Can I please encourage all families to return (or continue) regular reader returns to school – let's start those great habits from the beginning!*

*Karen & Sonja*

# Cycle 3 News

## Across Both Rooms

### Cycle 3 Camp

Lately, Terie & I have been doing a bit of planning for our Canberra Camp which is on from November 10<sup>th</sup> to 14<sup>th</sup>. We have some great activities planned including participating in the Remembrance Day service at the War Memorial on November 11 and going to the CSIRO Discovery Centre. We are looking for some parent helpers for the camp and would particularly appreciate having a Dad come along. Please let Terie or I know if you can help.

### Winter Sports Carnival Friday August 1<sup>st</sup>

Just a reminder that Winter Sports Carnival is on this Friday the 1<sup>st</sup>. Please make sure that you have your notes & money handed in before Friday. Parents, can you please make sure that your child is in school uniform on the day.

### Tigereye

Welcome to Finbar Moody and Takara Walker who have joined us in Tigereye – it is lovely to have you with us.

### History- The Ancient Greeks

Over the last two weeks, we have been learning about the Ancient Greeks. As a class we made a poster that looked at all different aspects of life in Ancient Greece. Each student investigated a different area and then we all put our information together. Check out the poster in the Cycle 2/3 foyer if you get the chance.

#### Takara investigated Sparta:

Sparta was a military state, this means the people in Sparta in ancient Greece were involved in wars and the army. These days, we boys and girls go to school. Back then, Sparta was the only state in ancient Greece that educated boys and girls. When kids went to school in Sparta they learned how to be soldiers most of the time, but lots of men protected their people in Sparta. In other states in ancient Greece the men were really mean to their women and girls didn't go to school or get educated. In ancient Greece boys went to school and got educated, boys in the rich families got more schooling than the ones in the poor families. Girls just learnt how to do cleaning and do house work like their mothers. The men in ancient Greece were out most of the time and women cleaned inside the house most of the time.  
By Takara

#### Mathilda investigated Ancient Greek theatre:

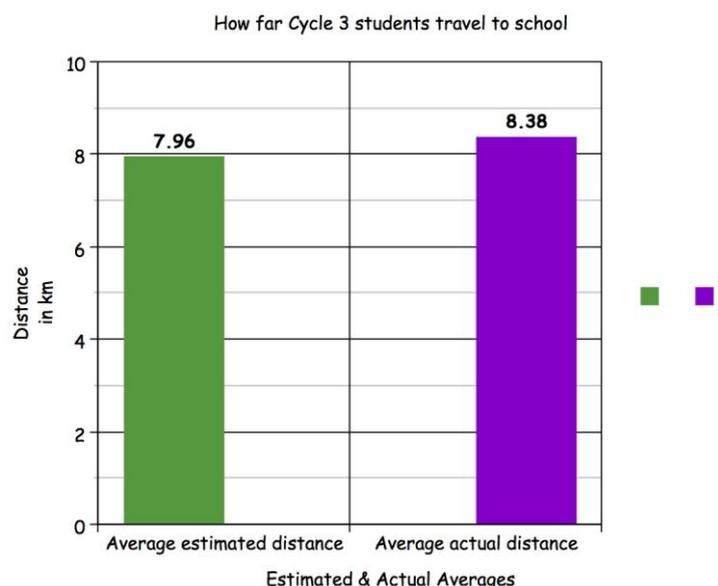
The Ancient Greeks painted the stage wall for their first scene. The actors were usually always men or boys. The chorus was made up of dancers and singers. They also had a small hut for every one to get changed in. They liked making their plays about teaching right from wrong and they also liked making fun of their Kings and Queens.  
By Tilda

### Maths- Surveying & Graphing

This week Will and I surveyed everyone (Cycle 3) about how far it is from the school car park to their house in kilometres. They had to estimate the distance from school to their house and then Fred and I would ask them what their address was so we could look the address up on Google maps and find the actual distance. Then Kat taught us how to work out the average distances.  
**Kat**

### Topaz

We have had a very industrious start to the term in Topaz with our focus on economics. We have begun by learning economics terminology and applying it to classroom discussions about imports and exports, supply and demand, and wants and needs. The students discovered that there are many things in life that are wants and not actually a need and after a very robust discussion, we classified everyday items into each category. I must say it was hard to classify



morning coffee into the 'want basket'! We are currently looking at population dispersal around the world in major cities as well as how cities are designed to meet our material, as well as spiritual needs (philosophy/religion, art/culture, social acceptance).

As part of word study we are learning types of nouns and are currently focussing on abstract nouns. Each Friday we have held discussions on a particular abstract noun, such as respect and courage. For courage we used examples of soldiers rescuing the injured, Ang Sang Su Kyi from Burma, Anne Frank, Malala Yousafzai from Afghanistan, Nelson Mandela and other peaceful protesters who stood up for what they believed in. Next week we will focus on empathy.

Thanks to Jenny Pena for her work in coordinating the planting at the front of our school. How wonderful it is to feel the energy of a large group of people working so positively together, big and little, young and old!

This Friday we are off to the Winter Sports Carnival playing Hockey and Netball. The students have been practicing very hard with our older students showing fantastic leadership skills by coaching our younger, less confident and experienced students. Parents are welcome to join us: Hockey will be held at Wodonga Hockey Centre on Silva Drive and Netball at Kelly Park Netball Centre. Both start at 10am.

Parents very welcome.

**Thanks, Terie**

## Montessori Matters

<http://m.washingtonpost.com/news/parenting/wp/2014/07/18/are-you-raising-nice-kids-a-harvard-psychologist-gives-5-ways-to-raise-them-to-be-kind/>

### Are you raising nice kids? A Harvard psychologist gives 5 ways to raise them to be kind

Earlier this year, I wrote about [teaching empathy, and whether you are a parent who does so](#). The idea behind it is from Richard Weissbourd, a Harvard psychologist with the graduate school of education, who runs the [Making Caring Common](#) project, aimed to help teach kids to be kind. I know, you'd think they are or that parents are teaching that themselves, right? Not so, according to a new study released by the group.

About 80 percent of the youth in the study said their parents were more concerned with their achievement or happiness than whether they cared for others. The interviewees were also three times more likely to agree that "My parents are prouder if I get good grades in my classes than if I'm a caring community member in class and school." Weissbourd and his cohorts have come up with recommendations about how to raise children to become caring, respectful and responsible adults. Why is this important? Because if we want our children to be moral people, we have to, well, raise them that way.

"Children are not born simply good or bad and we should never give up on them. They need adults who will help them become caring, respectful, and responsible for their communities at every stage of their childhood," the researchers write.

The five strategies to raise moral, caring children, according to Making Caring Common:

#### 1. Make caring for others a priority

**Why?** Parents tend to prioritize their children's happiness and achievements over their children's concern for others. But children need to learn to balance their needs with the needs of others, whether it's passing the ball to a teammate or deciding to stand up for friend who is being bullied.

**How?** Children need to hear from parents that caring for others is a top priority. A big part of that is holding children to high ethical expectations, such as honoring their commitments, even if it makes them unhappy. For example, before kids quit a sports team, band, or a friendship, we should ask them to consider their obligations to the group or the friend and encourage them to work out problems before quitting.

#### **Try this**

- Instead of saying to your kids: "The most important thing is that you're happy," say "The most important thing is that you're kind."
- Make sure that your older children always address others respectfully, even when they're tired, distracted, or angry.
- Emphasize caring when you interact with other key adults in your children's lives. For example, ask teachers whether your children are good community members at school.

## **2. Provide opportunities for children to practice caring and gratitude**

**Why?** It's never too late to become a good person, but it won't happen on its own. Children need to practice caring for others and expressing gratitude for those who care for them and contribute to others' lives. Studies show that people who are in the habit of expressing gratitude are more likely to be helpful, generous, compassionate, and forgiving—and they're also more likely to be happy and healthy.

**How?** Learning to be caring is like learning to play a sport or an instrument. Daily repetition—whether it's a helping a friend with homework, pitching in around the house, or having a classroom job—make caring second nature and develop and hone youth's caregiving capacities. Learning gratitude similarly involves regularly practicing it.

### ***Try this***

- Don't reward your child for every act of helpfulness, such as clearing the dinner table. We should expect our kids to help around the house, with siblings, and with neighbors and only reward uncommon acts of kindness.
- Talk to your child about caring and uncaring acts they see on television and about acts of justice and injustice they might witness or hear about in the news.
- Make gratitude a daily ritual at dinnertime, bedtime, in the car, or on the subway. Express thanks for those who contribute to us and others in large and small ways.

## **3. Expand your child's circle of concern.**

**Why?** Almost all children care about a small circle of their families and friends. Our challenge is help our children learn to care about someone outside that circle, such as the new kid in class, someone who doesn't speak their language, the school custodian, or someone who lives in a distant country.

**How?** Children need to learn to zoom in, by listening closely and attending to those in their immediate circle, and to zoom out, by taking in the big picture and considering the many perspectives of the people they interact with daily, including those who are vulnerable. They also need to consider how their decisions, such as quitting a sports team or a band, can ripple out and harm various members of their communities. Especially in our more global world, children need to develop concern for people who live in very different cultures and communities than their own.

### ***Try this***

- Make sure your children are friendly and grateful with all the people in their daily lives, such as a bus driver or a waitress.
- Encourage children to care for those who are vulnerable. Give children some simple ideas for stepping into the "caring and courage zone," like comforting a classmate who was teased.
- Use a newspaper or TV story to encourage your child to think about hardships faced by children in another country.

## **4. Be a strong moral role model and mentor.**

**Why?** Children learn ethical values by watching the actions of adults they respect. They also learn values by thinking through ethical dilemmas with adults, e.g. "Should I invite a new neighbor to my birthday party when my best friend doesn't like her?"

**How?** Being a moral role model and mentor means that we need to practice honesty, fairness, and caring ourselves. But it doesn't mean being perfect all the time. For our children to respect and trust us, we need to acknowledge our mistakes and flaws. We also need to respect children's thinking and listen to their perspectives, demonstrating to them how we want them to engage others.

### ***Try this:***

- Model caring for others by doing community service at least once a month. Even better, do this service with your child.
- Give your child an ethical dilemma at dinner or ask your child about dilemmas they've faced.

## **5. Guide children in managing destructive feelings**

**Why?** Often the ability to care for others is overwhelmed by anger, shame, envy, or other negative feelings.

**How?** We need to teach children that all feelings are okay, but some ways of dealing with them are not helpful. Children need our help learning to cope with these feelings in productive ways.

### ***Try this***

Here's a simple way to teach your kids to calm down: ask your child to stop, take a deep breath through the nose and exhale through the mouth, and count to five. Practice when your child is calm. Then, when you see her getting upset, remind her about the steps and do them with her. After a while she'll start to do it on her own so that she can express her feelings in a helpful and appropriate way.

You are invited to

# Candle Day Curry Night

**Saturday 23rd August 2014**  
Baarmutha Park Function Centre,  
Balaclava Rd, Beechworth  
7pm

\$25 per person  
Licensed premises – no BYO please.

Our Guest presenter is **Rae Kingsbury,**  
Timor-Leste Honorary Consul Victoria.

Please come and share a delicious curry feast with us.  
Funds raised will assist Amnesty International  
and Indrago & Sons Friendship Group projects in Timor-Leste.  
Bring some extra cash as there will be raffles for **ATIQUE**.

Please RSVP by 20<sup>th</sup> August:  
Kerrie Connor 0357282173  
[concro@westnet.com.au](mailto:concro@westnet.com.au)

Please talk to Kerrie about contributing a curry, dessert or accompaniments when you book.



**Albury Wodonga YWCA** presents  
**A Conversation with Michelle Grattan**  
Facilitated by *Di Thomas - Editor, The Border Mail*

Please join the Albury Wodonga YWCA as we host a community conversation with Michelle Grattan, one of Australia's most respected and awarded political journalists.

Our local editor of The Border Mail Di Thomas will talk with Michelle about her life as a journalist and Michelle's observations of the changing nature of Australian politics. Michelle will answer questions from the audience and linger with us for light refreshments.

**Saturday 2 August 2014**  
4.00pm - 6.00pm  
The Cube Wodonga  
118 Hovell Street, Wodonga

**Tickets:**  
Adults \$25.00  
Concession/Student \$15.00

Purchase Tickets by contacting:  
**The Cube Wodonga**  
118 Hovell Street  
Wodonga, VIC 3690  
Box Office: (02) 6022 9311  
[www.thecubewodonga.com.au](http://www.thecubewodonga.com.au)

To book online follow this link:  
<http://www.thecubewodonga.com.au/tickets/>

Michelle Grattan has been a member of the Canberra parliamentary press gallery for more than 40 years, during which time she has witnessed all of the most significant events in Australian political history. Michelle currently has a dual role as Professorial Fellow at the University of Canberra and as Chief Political Correspondent for the online news forum The Conversation.

If you have an interest in history, politics and communication, this event provides an opportunity for learning more. We are interested in encouraging participation from local young people including students of politics or journalism and discounted tickets are available.

All proceeds from this event support the Albury Wodonga YWCA



# PRISONERS on the Run Inc

Run Approx 8 kms  
Helping local kids with special needs

**Sunday 17th August 2014**

Fun run from old Beechworth Prison

Registrations and start line at Town Hall Gardens, Williams Street, around the picturesque gorge and onto Malakoff Rd/Flat Rock Rd

finish at the new Beechworth Correctional Centre

**\$10.00 Adults**  
**\$5.00 Children**  
5-16 yrs.  
T-shirts \$10ea

Registrations on day from 8.30am  
Run starts at 9.00am sharp  
No entries after 9.45am accepted

Entry forms and timetable on reverse of this flyer  
additional copies available from  
Debbie Utchfield  
[debbie.utchfield@justice.vic.gov.au](mailto:debbie.utchfield@justice.vic.gov.au)




\*\*\*\*\*  
Chinese (Mandarin) Classes for 4 years old  
Learn a second language in a fun way through songs, games, acting and art! Group Mandarin Classes available for 4 year olds. Lessons involve learning basic vocabulary, recognising basic questions and answering in proper sentences, holding simple conversation and singing songs and nursery rhymes in Mandarin. Classes to start in Term 3.  
There are 4 sessions that you can choose from:  

Wednesday	Thursday
11am - 11.40am	11am - 11.40am
1.30pm - 2.10pm	1.30pm - 2.10pm

Other days/times could be arranged if there is enough interest  
Class size: 4-6 children  
Cost: \$10 per lesson  
Venue: To be announced  
For more details please contact Sok Yi Bulmer (Bachelor in Music Teaching and Graduate Diploma in Teaching and Learning) at 0404 617 650 or [leesoky@yahoo.com](mailto:leesoky@yahoo.com)  
\*\*\*\*\*  
Junior Music Program for 3-4 year olds  
A fun introduction to music to the little ones through singing, movement, imagination and musical games. Parents will need to accompany children in the class and join in the fun! Classes to start in Term 3.  
There are 4 sessions that you can choose from:  

Wednesday	Thursday
10am - 10.40am	10am - 10.40am
12.30pm - 1.10pm	12.30pm - 1.10pm

Other days/times could be arranged if there is enough interest.  
Class size: 4-6 children  
Cost: \$10 per lesson  
Venue: To be announced  
For more details please contact Sok Yi Bulmer (Bachelor in Music Teaching and Graduate Diploma in Teaching and Learning) at 0404 617 650 or [leesoky@yahoo.com](mailto:leesoky@yahoo.com)  
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**PRISONERS ON THE RUN INC**  
Official Entry Form

PERSONAL DETAILS - COMPLETE BELOW

Surname:   
Given:  Gender:   
Date of birth:  Occupation:   
Address:  Home phone:   
 Mobile phone:   
E-mail address:

HOW TO ENTER

Mail, completed entry form with payment to:  
Beechworth Correctional Centre, Locked Bag 3, Beechworth 3747  
Fax or email and pay on the day of event.  
Fax to: (03) 8728 6081 Email: [debbie.utchfield@justice.vic.gov.au](mailto:debbie.utchfield@justice.vic.gov.au)  
Cheques made payable to: Prisoners on the Run Inc

EVENT CATEGORIES - please tick

5 - 16 yrs  17 - 30 yrs   
31 - 49 yrs  50+

Entry fees are non-refundable and not transferable  
One entry per person  
Entrants under the age of 10 years must be accompanied by an adult competitor  
Compliance with declaration entry form must be signed  
Entries will be accepted on the day by cash payment only (must be registered and paid by 9.30 am)  
All proceeds will support the Prisoners on the Run Inc charity - benefiting local children with Special needs  
First Aid kit will be available at start/finish

Event timetable:  
Fun Run to commence at 10.00 am (leaving the Town Hall Gardens, Williams Street, Beechworth) and finish at Beechworth Correctional Centre, where food stalls and refreshments will be available along with family activities

DECLARATION: I am not aware of any medical condition or impairment that will be detrimental to my health if I participate in this event. In the event that I become aware of any medical condition or impairment, or am otherwise sick or injured prior to the event, I will withdraw from the event. I acknowledge that participating in this event may involve a real risk of serious injury or even death from various causes including over exertion, dehydration, and accidents with other participants, spectators or road users. I acknowledge that by a condition of participating in this event that I do so at my own risk. I accept all risks and release the event organiser, its agents, affiliates, employees, members, sponsors, volunteers and any person or body, directly or indirectly associated with the event from all claims, demands and proceedings arising out of or connected with my participation on this event and I indemnify them against all liability for all injury, loss or damage arising out of or connected with my participation in this event. This release continues forever and binds my heirs, successors, executors, personal representatives and assigns.  
I consent to receiving any medical treatment that the event organisers think desirable during or after the event.  
I understand that compulsory insurance cover affected for participants in this event may not cover me for all injury, loss or damage sustained by me. Safety precautions undertaken by organisers (such as course supervision) are a service to me and other competitors but are not a guarantee of safety. I am fully responsible for the security of my personal possessions at the event.  
I have listed below my medical or physical conditions from which I suffer that might affect my performance or be relevant if medical treatment is needed.  
USE OF IMAGE: I consent to the event organisers and Approved Contractors using my name, image, likeness and also my performance in the event, at any time, to promote the event by any form of media.

MEDICAL CONDITIONS: .....

Signature of Entrant \_\_\_\_\_ Signature of Parent \_\_\_\_\_  
(If you are under 18, parent must be signed by a parent or guardian)  
Date: \_\_\_\_\_