

Term 1 Week 4 – 10 February 2016

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Full newsletter will be distributed fortnightly with a brief memo in alternate weeks.

Term 1 28th January – 24th March 9 weeks

February

26th Friday – Upper Hume District Swimming – parent transport
29th Monday – Cycle 1 & 2 Parent Teacher interviews start

March

2nd Wednesday – Regional Swimming in Shepparton – parent transport required
7th Monday to 9th Wednesday – Cycle 3 Howman's Gap Camp
14th Monday – Labour Day Public Holiday
15th Tuesday – Cycle 3 Parent Teacher Interviews start
21st Monday – World Harmony Day Celebrations & AGM BBQ
24th Thursday – Last day of school – 2.15pm finish
26th Saturday – Goldfields Easter Parade

The 2016 Calendar of Events will be placed in parent pockets as soon as possible.

From the Principal

We were thrilled to receive a call on Monday that Jaclyn Symes was visiting us because the funding application Karen Smith and Trudi Ryan organised, with lots of support from Luc and Juliet Plowman, Tameeka, Lynda, Howard and Feona for a permanent shade structure to be constructed in front of the Cycle 1 rooms was successful. This is wonderful for the school, and the \$50,000 grant will support us to finish the front of the building, as was originally planned. The new shade structure will allow greater use to be made of the outside area, in summer. More learning will be able to occur outdoors and the concrete area will not heat up as much as it presently does. Thanks so much for your thinking, preparation and willingness to act and put in the time Trudi, Karen, Juliet, Luke, Lynda, Howard, Feona and Tameeka! This will support our Early Years program well into the future. Also, thank you to the Victorian Government, for supporting our Early Years programs so generously in this way.

I was proud to join many of our Cycle 3s yesterday at the interschool swimming competition, and see them compete with flair, team spirit and good grace. Well done to everyone who chose to swim, and particularly to Kestrel, Bianca, Natasha, Charlotte and Hagen who have all qualified to compete at the Upper Hume regional meet next week. Thanks to Anthea who has offered to transport these students and coordinate them as a parent volunteer. Thank you to Terie for coordinating the event on behalf of our school, Kat for being the most beautifully spoken speaker on the microphone at the pool and to Lara, Chelsea and Trudi for assisting with the event. It is wonderful that Beechworth Montessori has come of age, and that we are taking on leadership of events both for our students and other children from the area, and yet again, is testament to the school's growth to be an important educational entity for the local and wider community. The sports provided a great opportunity for our students to mix with other local children at the event, and we thank Beechworth Primary School for organising the bus, so that all the children from Beechworth, who were competing at the sports could travel up to Chiltern together.

Two other events have happened in the last fortnight, where I have been proud to either represent the school in the wider community, or we have hosted the community here. On Saturday night, I accepted two new portable netball

rings on behalf of the school. Thank you to the Beechworth Netball Club for supporting our school in this way. The rings are in the foyer, in their box, and if anyone loves constructing IKEA furniture, and could lend their skills to the rings (which I was told are just like IKEA), we would be grateful of your time, so we can have the children practising their goals as soon as possible. Also, on Thursday 11 February, we hosted Anna McKinlay from Beechworth Health here, and members of the public walked to school with some of our students to celebrate the launch of our *Healthy Together* program. Thanks to Karen who is coordinating the school's participation in this, and to the parents who helped organise or attended the breakfast with their children on the morning. Please make sure that you fill in the survey for the action group, so that they can plan our initiative informed by your thoughts. Some of you may have seen the article in *The Age* on Saturday, about the *Resilience Program* and the impact Hugh van Cuylenburg's work is having across Australia, with schools and professional sporting teams. It is great to know that as part of our involvement in the HART program, we will have an opportunity for our students to also be involved when the *Resilience Program* returns to our region mid-year.

Lastly, thank you also to the Hockey Roadshow, who worked with our Cycle 2 and 3 students on Monday afternoon. This was another great opportunity to foster enthusiasm for team work and skill development at Beechworth Montessori. Collaboration and the ability to work together, to "pass the ball", work as a team, and push through, when one is tired, are all important skills for life and our children are nurtured here to develop these skills as both individuals and team players. I am amazed by what they do on a daily basis.

Have a great week.

Kind Regards,
Bron Martin

General News

Beechworth Bus Lines: The letter from Beechworth Bus Lines that went out at the beginning of the school year had some incorrect information on it. The 10 trip passes for Beechworth/Mt Pilot and Beechworth/Wooragee are \$24 *not* \$12 as previously indicated.

Parents & Friends

Planning for 2016 is well underway. Please feel free to stay after drop-off for a coffee and chat with us any ideas this Thursday morning.

School Lunches:

Cycle 3 will be preparing and selling school lunches again this year. Next week: Spaghetti
Please place orders by Tuesday lunchtime.

Gardening: Please feel free to join us for a gardening session at School after drop off, this Friday morning.

WOOD FIRED OVEN UPDATE

At the beginning of the Christmas holidays, the kit for our wood oven was delivered to Beechworth Home Hardware. Darren has kindly kept it in storage for us.

So the next step for us is to get it to school! Do we have a couple of people who will collect it (the hardware guys will load it onto a tandem trailer for you) and bring it up to school, to unload? If lacking a trailer but you can do the hard yacka, let me know.

Following this, the support frame needs to be set into the ground. A couple of days for the concrete to cure, then we can begin to build the oven...

We have plans which are very simple to follow, all the pieces supplied fit together like a puzzle.

I'm sure there are plenty of you who are just busting to get into a project like this! There will be several phases of construction to occur over a minimum of a couple of weeks, so you can pick times that suit you to be on the job.

Please get in contact if you would love to be involved!

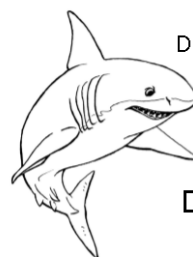
Thank you - Rebecca Swift 0429 336182



Dress up day

Save the Great White Sharks

Fundraiser



Dress up as your favourite SEA CREATURE!

and have fun!

Bring a gold coin donation.

DATE. Tuesday 23rd February

Health and Well-Being Team

Thankyou to all those families who were able to participate in our walk to school and health breakfast morning. If you have yet to fill out our survey—either hard copy from the office—or online via survey monkey, please do so as your responses will help shape the direction of health and well being education at school. <https://www.surveymonkey.com/r/8VTSLTH>



Early Years News

From the Ruby Room

Children in Ruby-room have been busy over the last 2 weeks. New children have been settling into the room's daily rhythm and children from last year are reconnecting with their friends.

I would like to welcome our new children to the Educational Care Program (ECP); Jolie, Anderson, Kai, Audrey, Jacob Indiana, Aleaha, Ahlia, Elsie, George, Levi, Archie, Abigail and Charlotte.

Due to an increase of families using ECP (formally ASC) we have more staff working in Ruby room. I would like to welcome Geraldine, Lisa, Wiggy and Martina.

I would also like to welcome to Tiny Tots, Ling and her daughter Pei, Daniela & little Caitlin

We have been focusing on helping new children settle into the Montessori way of doing things, assisting and encouraging each child's individual development towards independence and responsibility as they are able. As you can imagine this looks different for each child; from leaving mum/dad for the first time, toilet learning, putting shoes on, to knitting something new or creating a paper plane that flies.

We have been cutting locally grown peaches and dehydrating them (by popular demand) and enjoying the fruits of our labors; making our own strawberry, yoghurt & watermelon icy poles – not necessarily all mixed together!

Thank you to Henry & Anouk for donating some beloved outgrown toys; to Patrick & Joanna for the home made grape juice; Andrea for purchasing some new class fish.

Enjoy, Michaela, Geraldine, Wiggy, Lisa & Martina.

From Cycle 1-Amethyst and Emerald

PARENT HELP

Thank you to all the parents who have been able to help cut up fruit of a morning. The children have responded well to this and are thrilled to have you in the rooms. We are also looking for volunteers to listen to children read, ideally from 10:00-11:00 each day. A timetable for this can be found on the sign-in tables.

AFTERNOON PROGRAM

The children have responded positively to joining together each afternoon and working in different groups. For science the children discussed things they know and things they wonder about sound. Following are a few of their thoughts. *We know: sounds can be loud or quiet, our ears hear sound then it goes into our brain, we can hear sound but can't see it. We wonder: how do our ears hear sound, how does sound go into our brain?*

Here is the recipe for the Chocolate Zucchini Muffins, which were enjoyed by all.

Chocolate Zucchini Muffins

Ingredients:	Method:
¼ cup butter ½ cup sugar (we used rapadura) 1 egg ¼ cup milk 1 ½ cups plain flour 2 tablespoons cocoa ½ teaspoon bicarb soda ¼ teaspoon cinnamon 1 cup grated zucchini	1. Cream butter and sugar. 2. Beat in egg. 3. Add milk. 4. Sift dry ingredients and add to wet mixture, stir. 5. Add zucchini, stir well. 6. Spoon into greased muffin tray. 7. Cook at 180 for 15 min. 8. Makes 10 medium muffins.

GF flour, rice milk and Nuttalex can be used to make these muffins gluten and dairy free.

Practical Life is the component of the Montessori Early Years Learning Program that links the home environment and the Children's House. Children love order, and they love to be independent, and this desire finds expression in the exercises of practical life.

To achieve the goal of a practical life exercise, children must use precise movements. As they strive for precision of movement, children develop their will, that is, they develop self-control, the ability to self-regulate, voluntary control over movement, as well as voluntary control over attention, the foundation of the ability to concentrate.

If they are free to work at their own pace uninterrupted, children gradually extend the period of time they are able to concentrate. When they have completed a cycle of work, without being disturbed, children typically experience feelings of great satisfaction and increased confidence in their own abilities.

LUNCHES

We are fish and nut free across the early years rooms due to children having allergies. This applies to Ruby, Emerald and Amethyst rooms.

Cycle 2 News

From the Moonstone Room



(Left) Today we found a yabby in our tadpole tank. We are going to have some more. By Eli.

(Far Left) Students in Moonstone are revelling in their new rug!

Parents who would like to catch up with me, feel free any afternoon but Wednesdays; just call the office or drop in to make a time – Khy.

SAVE THE GREAT WHITE SHARKS



→ **DONATE NOW!** IN THE TIN PROVIDED



Our beautiful great white sharks are almost gone.
That is all our fault!
We need to work together to save them.

It is like the Tasmanian Tiger. Everyone went out to hunt them like we hunt the great white sharks for their fins.
When the tigers were really gone we were sad. This is what it will be like with our beautiful sharks if we do not stop hunting them. I know you think the shark fin is a delicacy BUT NOT FOR THE SHARKS!

So help us save them because we love sharks!

Your kind donated money will be sent to Australian Marine Conservation.

Thank you from Tilly and Harriet

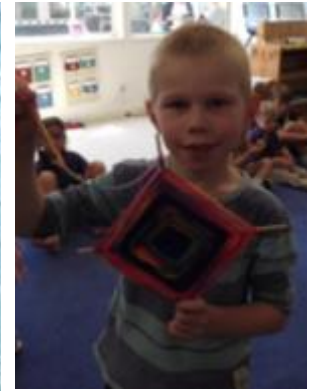
From the Turquoise Room

What a busy start to the year! Although some children found the week of swimming quite exhausting, I hope you would agree that it's a worthwhile undertaking. With small, intensive and extended lessons, the children were really able to extend the skills over the week. A huge thankyou to



Marion and her team who help us out each year to run our swimming

education program. With all that happening we also managed to keep our term one projects moving along with the children having started work on South America and Space. After the success of Picnic by the Peacock, Turquoise students will also be given the opportunity to spend some time playing with Cycle one students at lunch time, one day a week. Many children have expressed interest in this so we will have to take turns to accommodate everyone.



Cycle 3 News

From the Tigereye Room

In week 7 of this term, all Cycle 3 students will be going on a 3-day camp to Howman's Gap, staying at the Howman's Gap Alpine Centre. The focus of our camp will be outdoor education, in particular helping students to connect with the natural world, experience challenges, foster personal growth and develop a sense of community with their peers. Students will also learn more about alpine environments and the Victorian high plains, linking in with their studies in Geography. Activities will include bushwalking, high ropes, giant swing, climbing wall, initiative games and archery. We are looking for a Cycle 3 parent to come as a helper, so please contact Terie or me if you think you might be able to come. It should be lots of fun! We also plan to run a cross-country ski trip to Mt Buffalo in Term 3. We aim to run the ski day with the profits from our school lunch enterprise, where Topaz and Tigereye make and sell school lunches each week.

Kat Beaton

From the Topaz Room

Visiting our room: Please feel free to come in to our room to spend time with your child. You might like to visit for ten minutes while dropping off your child, so they can show you a project or interesting work they are doing. You might like to share a skill such as knitting, building, how you use maths in your workplace, share some gardening, cooking or woodworking skills, or just join us for a game or two at the end of the day. Students love having adults in our room to read stories, or to listen to a story they have written themselves. Hope you visit soon, Terie.

District Swimming

On Tuesday our students participated at the Beechworth and District Swimming Carnival at Chiltern. This is the first time our school has organised and hosted this event which has previously been coordinated by an amazing lady, Colleen McQuillen from Chiltern Primary School, for the past 20 years. Colleen kindly assisted us throughout the event, which ran smoothly. Thank you to all the parents who assisted on the day, either timing, judging, marshalling, setting up and looking after our students. Thanks to Oaka who spent the day running the results down to Kat, and to Pippa, who was our official photographer, and did a fine job. I always enjoy these events because of the collaboration and great sportsmanship of all the schools who attend. Well done to Natasha, Bianca, Kestrel, Hagen, and Charlotte who have made it to the next level of competition, the Upper Hume Division, which will be held on Friday 26th February, at Waves Wodonga. But most importantly, well done to all our students who had a go, cheered on their friends and had a great time!



Hagen churns down the pool during his butterfly race.



Berti; ready to spring into action in his relay race.



Great dive Jack! Jack begins his leg of the 11 year boys freestyle relay.



Great cheering from Poppy and Ruby encouraging teammates in their relay.



Charlotte finishes her leg of the 12 year girls relay.



Hockey

The Hockey Road show came to visit on Monday afternoon. This is a brief introduction to hockey through fun and games. Last week you received a flyer regarding the upcoming Hook into Hockey program to commence next week. This is a program designed for beginners to learn more about the fundamentals of hockey and is run by the Beechworth Hockey Club.



Community News

Beechworth Refugee Vigils:

Meeting every Monday until Easter, from 5:00 pm - 6:00 pm outside Beechworth Post Office.

(Note the time change, now 5pm instead of 6pm)

Please Bring signs, eg: 'Let them Stay', "HONK" for Refugees', "Refugees Welcome".

Wear white as this is a peaceful gathering and not aligned with any political party or group.

The aim is to raise awareness in the community and engage people in a non-threatening way - honking a car horn is a great way to show support and we are getting heaps!

We are also holding similar vigils on Friday mornings in Wangaratta from 9am-10am outside Cathy McGowan's office in Murphy St, to maintain momentum in Wangaratta.

Please pass this information on through your networks.

Many thanks and we hope to see you there.

From

Grandmothers Against Detention of Refugee Children

BRASS - Beechworth Refugee Asylum Seeker Support group

And many individuals.

Beechworth

Football & Netball Club

Training for the Under 12's football season will commence on the 3/3/2016.

All new players welcome.

Under 12's 4:15 - 5:30pm

Coach - Jamie Pronk. Ph - 0416 070 412

- Rob Ross. - Ph - 0413 039 652

HIGHLAND DANCING CLASSES IN WANGARATTA

When: Mondays

Where: Girl Guide Hall, Ryan Avenue

Time: 4.30-5.30pm

Cost: \$7.50

Contact: Suzanne 0408 005 584

Chinese (Mandarin) Classes

Mandarin Classes available (after school hours) by native speaker and experienced language teacher. Learn how to speak, recognise and write Chinese characters through a variety of fun activities.

For more information: www.bulmersinbeechworth.com

To view some of our student activities and concerts, please go to www.facebook.com/bulmersinbeechworth

Contact: Sok Yi Bulmer (Bachelor in Music Teaching and Graduate Diploma in Teaching and Learning) at 0404 617 650 or leesokyi@yahoo.com

DANCE & ACRO



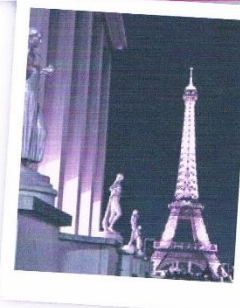
Ballet, jazz dance and acrobatics classes for preschoolers and school-age children. \$8-\$10/class

Monday afternoons at
Beechworth Primary School

Miss Claire 0439 488 378

Bonjour!

G'Day, Mate!



Create the perfect connection between French and Aussie cultures by hosting an exchange student from France.

From mid-May why not show your support and invite a friendly 15 -17 year old French girl or boy to become part of your family for a short-term duration?

A French 'big brother' or 'big sister' in the family provides fantastic fun and learning, especially with helping to learn French as a language other than English.

Join us as a volunteer host family to an interesting student and create international understanding and help change lives and outlook.

If you are interested in hosting an exchange student, please call us NOW on 1800 500 501 or email us at scceast@scce.com.au Web: www.scce.com.au or ph local Co-ordinator - Jan James 0424 931 900



SOUTHERN CROSS CULTURAL EXCHANGE



Sewing Workshops

Jane Holden in 2016

Learn to sew and have fun!
Create your own master piece
Learn simple techniques for life you won't forget

Join one of my existing groups – make friends at the same time

Saturday's & Sunday's: 1.5 Hour lessons

Weekdays by appointment.

\$25.00 per student, just bring yourself! Free time for mum!

Call to Book ☎ 0429 856 893

Email: info@makeitfitbeechworth.com.au

44 Bridge Rd Beechworth

Make it Fit
Tailoring Seamstress
Custom & Designer Garment Alterations

Individual Guitar Lessons

Individual Guitar lessons available (during and after school hours) by experienced instrumental teacher. Learn to develop good playing technique, music reading skills and have fun making beautiful music!

For more information: www.bulmersinbeechworth.com

To view some of our student activities and concerts, please go to www.facebook.com/bulmersinbeechworth

Contact: Sok Yi Bulmer (Bachelor in Music Teaching and Graduate Diploma in Teaching and Learning) at 0404 617 650 or leesokyi@yahoo.com

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Save over **\$70.00**

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Beechworth only valid
February / March 2016

BEECHWORTH

Quercus Beechworth
Beechworth Neighbourhood
Centre
30 Ford St, Beechworth 3747
Mondays & Fridays

5.15pm to 6.15pm

Andrew Boyd (Sensei) Mobile: **0409 315 685**

Adrian Brown (Sempai) Mobile: **0439 862 868**

Website: www.shotokanwodonga.com
Email: members@shotokanwodonga.com



Wodonga . Albury . Beechworth

The Maker's Market

Beechworth Handmade Market
Designers and Artists from North East Victoria

Saturday 5th March 9AM-2PM

@ the old stone hall 7 Church Street

Artist Rose Wedler
Origami

The Performing Arts Classes In Beechworth

Classes commence Monday 8th February 2016

Mondays

5pm - 6pm	8-10 year olds	Physical Theatre, acting games, skills, some script reading
6pm - 7pm	11 -13 year olds	Physical Theatre, acting games, skills, voice projection, gesture, script reading & writing
7pm - 8pm	Adults ballet	Open beginners class – no experience necessary

Wednesdays

5pm – 6pm	8-10 year olds	Hip Hop
6pm – 7pm	11-13 year olds	Hip Hop
7pm – 8pm	14+ year olds	Contemporary Class – (no experience necessary) All welcome!!

Fridays

5pm – 6pm	8-10 year olds
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Saturdays

9am – 9.45am	3 – 4 year olds
9.45am – 10.30am	5 – 7 year olds

Cost: All 1 hour classes \$12.50
All 45 minute classes \$10

Teacher: Franja Bailey
Certificate II & VI in Dance
Post Graduate in Education K-12
Degree in Human Movement Science

REVISED WORKSHOP CALENDAR January - June 2016

Aspect Victoria is pleased to offer our highly successful, contemporary, evidence-based, three (3) day Autism specific Positive Behaviour Support Workshops across Victoria in 2016.

Aspect PBS workshops are for parents and carers of children and young adults diagnosed with Autism, aged between 6–25 years and living at home.

February / March		
Frankston 23 rd , 24 th & 25 th February Ebdale Community Hub 20 Ebdale St Frankston VIC 3199	Benalla 29 th Feb, 1 st & 2 nd March Benalla All Blacks Football & Netball Club Ackerly Ave Benalla VIC 3672	<i>In 2016, Aspect Victoria will again deliver workshops to culturally diverse groups and in languages other than English. Please contact us if you would like to be notified of these workshops.</i>
March		
Hoppers Crossing 7 th , 8 th & 9 th March Youth Resource Centre 86 Derimut Rd Hoppers Crossing VIC 3029	Bendigo 16 th , 17 th & 18 th March Bendigo Bowls Club 169-183 Bamard St Bendigo VIC 3550	Northcote (weekend) 19 th & 20 th March Autism Spectrum Australia 30B Union St Northcote VIC 3070

Register ONLINE: www.autismspectrum.org.au

NB: Registrations open at least 6 weeks prior to the workshop commencement date and will close one week prior if minimum numbers have not been reached and the workshop will be cancelled. Registration numbers are capped at a maximum of 30 participants and once reached the workshop will close for registrations.

Due to current program demands and restructure within Aspect, workshops previously scheduled to occur between April & June 2016 will now take place over July - November 2016.
Our state-wide flyer for July - November workshops will be issued by the beginning of May.

What participants say about Aspect Positive Behaviour Support Workshops:

"Brilliant information and concrete strategies to use, thank you. I have learnt very important self-reflection, being able to step back and really look at and examine behaviour, so valuable. I really value the focus on being positive and improving my child's, my own and my family's quality of life. Great workshop – I will highly recommend it to others"



Positive Parenting Telephone Service



**This Program is offered to parents, grandparents & carers of
children aged 2 – 10 years**

Our ten week program aims to assist you to:

- *Develop a stronger and more positive relationship
with your child/children
- *Manage everyday behaviour problems
- *Set rules & limits
- *Teach new skills
- *Developing behaviour strategies

Through our service you will receive a workbook and weekly phone calls with a parent educator. All of this can be done from the comfort of your own home at a time that suits you.

Interested?

For more information or to enroll phone

FREECALL 1800 880 660

ENROLMENTS TAKEN ALL YEAR ROUND

Start now and make a positive start last a lifetime



This service is funded by Department of Human Services Victoria

BEECHWORTH COMMUNITY BANK FUN RUN



Easter Saturday, 26th March 2016 10km Run, 3km Run/Walk or Family Event

So what makes our run so popular? The 10km event is a very scenic and diverse route through the wonderful bushland gorge, the streets of Beechworth historic town, past Lake Sambell and finally through the golf course.

The 3km run sees those who are starting out on their fitness, along with lots of families, prams and dogs through a beautiful park course.

Join our popular annual event this Easter Saturday and enjoy one of the most scenic courses in the North East

Online registrations open on February 19th. Go to the Beechworth Fun Run website to register.



www.beechworthfunrun.com.au





Outside the Box!

Kids Yoga Fun & Fitness

1 Day Kids Fitness & Yoga Workshop!

IN CHILTERN (6-12yo)

SATURDAY 27th February, 2016

4 Hours ~ 11.15am-3.15pm

\$40 First Child ~ \$25 2nd, 3rd & 4th Child (sibling discount)

* Limited places * No Government Rebates

Call Deb 0407 531 510

Fruit platters provided for morning & afternoon snack * BYO Healthy Lunch * Tank water * Fun Yoga & Fitness Games * Craft Activities * Indoor & Outdoor activities * Planting veggies * And much more * Learning about overall health and wellness in a fun and safe environment!

Set on a tranquil 5 acre block with plenty of room to run around. Indoor & Outdoor areas

Bookings are essential. WWCC, Current Police Check, Current Asthma & Anaphylaxis Training & Current Snr 1st Aid. Qualified Children's Yoga Instructor, Fitness Instructor & Personal Trainer

*** Please note that this workshop has nothing to do with the Family Day Care I operate from my home and it is not eligible for any government rebate or benefit schemes. It is an 'Outside the Box Kids Yoga Fun & Fitness' workshop!