

Term 1 Week 2 – 12 February 2014

Distributed weekly on Wednesday

Term 1

30th Jan – 4th Apr

9 week, 2 days

1 public holiday – Labour Day

1 pupil free day – Restorative Practice Training Day 2/2

To Be Confirmed

Cycle and room excursions if conducted and other events if the need arises

February

12th Wednesday – Meet and Greet – Moonstone/Susi & Topaz/Terrie – 2pm

14th Friday District Swimming Carnival – Chiltern, Cycle 3 - only those who elect to participate will attend

14th Friday blueearth program commences fortnightly

17th – 21st Monday – Friday – Cycle 3 Swimming 1pm – 3.00pm

26th Wednesday – Parent Information Session – Restorative Practice 7.00 – 9.00pm \$10 per family (adults only) RSVP and payment 21/2/14

March

10th Monday – Public Holiday - Labour Day

11th Tuesday – Pupil Free Day – Staff Training Restorative Practice – Day 2/2

19th Wednesday – BBQ 5pm & AGM 6.30pm (To Be Confirmed)

21st Friday – World Harmony Day

24th – April 3rd – Cycle 2&3 Parent teacher interviews. Room schedules to be communicated prior to this date

24th Monday – Parent Information Session – Resilience – Jo Lange 6.30 – 8.30pm Old Priory \$5 per person

April

4th Friday – End of term 2.15 finish

Term 2

22nd April – 27th June

10 weeks

2 public holidays – ANZAC Day, Queen's Birthday

1 pupil free day – Report Writing

April

25th Friday – Public Holiday - ANZAC Day

28th Monday – Cycle 3 Cross Country

From the Principal

Having full time admin has already changed the amount of admin work I have to undertake and freed me up to interact more with students, undertake observations and move within the school. Last Friday a number of students and myself participated in some softball skills of hitting, throwing and catching during lunchtime. This was my sport of choice throughout my childhood and pre-children so I'm very keen to



have a hit and throw if anyone is interested. I am rostered on for yard duty once a week and act as a fill in to support staff lunchtimes, interact with students, and to keep in touch with what's happening in the school. It's nice to get up from the chair, from behind the desk and be mobile.

We have set up the Cycle 2&3 outdoor area alcoves with tables and chairs and the students have embraced these areas with vigour. There's interesting conversations, games, reading and chill time happening in addition to yard gymnastic play, ball games, sandpit activities, etc. The beauty of such a

large area with a range of options is that all children can find something that suits the weather and their needs. We have also put up the netball rings, handball squares will be created by the students and the sports store equipment is accessible for student use (including drawing materials). Cycle 2&3 staff are planning to work on planting areas of grass seed with the children once the weather turns. More information on this will be distributed to parents closer to the time. Perhaps you might like to come in and help?



Recycling Books

Late last year we received a generous donation of children's books from a past family. Many have been placed in class libraries and the remainder will be placed in the foyer for children to take home to read. Please feel free to have a look through the books and take those that you think are suitable and of interest for your children. Children are encouraged to have a look also.

Abandoned Bike

Early upon our commencement at Gilchrist a bike appeared in our bike enclosure. It still sits there and hasn't moved in or out. Do you know anything about its ownership? If it's not claimed soon it will be taken to the police station.

Kind regards

Heather

Parents & Friends News (P&F)

An invitation was placed in all pockets last week. This outlined the operation of the P&F in 2014 – if you couldn't attend a meeting, please contact Christie There is another catch up after school Thursday in the Cycle 2&3 outdoor area at 3.30pm.

Parent Education Sessions – Term 1

Restorative Practice

Please accept your personal invitation to work with us and your children by attending the Restorative Practice parent information session. This will also empower you as a parent within your school and home life. We are offering this opportunity for parents to become educated in this important practice.

Beechworth Montessori School is committed to this process of supporting your children and their relationships with each other and others in their world by helping them to function in a connected community. **WE** need parental support of this process to ensure that we are working **WITH** one another. This session will be invaluable – this will enable our children, the school and the parents to move forward in a united and positive way.

Session Time

Date: Wednesday 26th February

Time: 7pm – 9pm

Venue: TBC (dependent upon numbers)

RSVP: RSVP and payment essential by Friday 21/2/14

Cost: \$10 per family

Who: Parents and interested adults from all schools in the Beechworth area – not only Montessori families

Practitioner: Jo Martin, Rethought

To RSVP

info@beechworthmontessori.vic.edu.au

or contact the Beechworth Montessori School on 5728 2940

Direct deposit information to confirm:

Bendigo Bank, BSB 633000, Account 146770748, Account Name BMCG

Please reference RP Surname and send a confirmation email to info@beechworthmontessori.vic.edu.au

Resilience

Montessori families are invited to a parent education session on resiliency in children presented by Jo Lange. You can google "Jo Lange" for more information. 24th March 6.30 – 8.30pm. Cost \$5 (if both parents attend, cost remains at \$5). Organised by St Joseph's Primary School. Location dependent upon numbers – either St Joseph's school or Old Priory. RSVP and payment essential asap. Payment to be made to the Office at Montessori please.

General News

Car Parking and Traffic Movement

Please observe the car park signage and arrows on the road with regards to parking and traffic flow. All cars (apart from staff cars in the staff parking row) should be parked facing Gilchrist Ave only. Please drive out following the traffic flow arrows. The car park at the front of the school is designated for parents with toddlers and prams and is not a drop off area. If you wish to drop children off rather than parking, please use the turning circle at the end of the building – children may be dropped off near the Moonstone classroom and walk down to the front doors. Parents may then continue on this road and exit the grounds.

The parking area for parents with prams and toddlers is line marked. The unmarked section of this car park is a staff overflow area and all parents are requested to leave this area free as it involves reversing into a high traffic area. Staff tend to leave after sessions have finished and foot traffic is minimal or nil.

Your co-operation is appreciated as it allows us to meet occupancy requirements, minimises traffic congestion and provides maximum safety for our children of all ages.

Wanted

Thanks for the response to our request for car seats.

Education Maintenance Allowance

Forms must be back to the school by 21/02/2014. To apply you must have a relevant Health Care or Pension card as at 28//1/2014.

Bus Conveyance

New parents who now qualify are required to return all bus and/or private car conveyance forms by 21/02/2014 to the office.

Lost Property

Cycle 2&3 lost property is located near the waiting area.

Cycle 1 is in a basket outside the rooms.

Ruby Room is within the room itself.

Congratulations

Congratulations to the Burns/Everingham Family Ruby, Penny and Ian on the birth of Louisa baby girl born last week.

Uniform Orders

We have been advised that orders will be posted on Friday. Order forms are available in the foyer on the noticeboard. If you would like to order winter uniforms it would be advisable to order soon as all items are specially made upon order.

Cycle 2 News

Across Both Rooms

Swimming program

Last week the swimming program proved to be a welcome relief from the high temperatures. The water temperature was pleasant and the shade provided ample protection from the intense sun and heat. Lessons went well and over the course of the week students improved in areas such as confidence in the water, distance and technique and life saving techniques. Thank you to the swimming teacher, Marion and her assistants, Sue, Sarah, Sally and Emily.

Italian

Welcome to Andrea who is teaching Italian on Tuesday morning in Moonstone and in Turquoise. We look forward to practicing the spoken language and learning more about the Italian culture.

Sport

Andrea is also teaching Sport on Wednesdays. Moonstone is in the afternoon and Turquoise in the morning. It is essential that students bring a water bottle and wear suitable clothing for sporting activities. Shorts and T shirts are perfect whereas long tights and long sleeved shirts are hot and restrictive to movement.

The Third Great Lesson, Humans Come To Earth

This week, both rooms will listen to the story and will gain a general impression of challenges faced by early human beings and how these early humans met these challenges. The students will then branch out into research topics based around the Timeline of People and the Common Needs of People. Stay tuned.

New Readers

We are waiting for orders of new readers to arrive. We are looking forward to expanding the selection of texts that students will be able to take home and read.

Incursions

Cheese making – Marilyn, a local cheese maker, has generously agreed to come to school and run two cheese making workshops with the children. Details will follow closer to the dates involved.

Lost/Misplaced Item

A school hat with the name “Kobi” has been lost during the Cycle 2 swimming program. Could you please check your child’s school hat as Kobi and family would like it returned.

Moonstone

This term Moonstone is also studying;

Botany - learning about flowering plants.

Art - self-portraiture, exploring line and colour, with influences from Paul Klee and Freda Kahlo followed by prehistoric art, and tool making.

Music – clapping sticks and songs from the Pacific.

Turquoise

This term Turquoise is also studying

Geography – Europe – its countries, capitals, flags and cultures

Art – famous European artists – se has already delved into the world and creations of Michelangelo

History – following the third great story, children will be investigating the common needs of man across time

Music – we will be making use of the marimbas that will be at school this term

Other – you may have noticed the new aquarium that is in the room. Many thanks to the countless hours spent by Colin Bowey and family for transporting and setting up the tank, and then in problem solving for filter issues. Unfortunately the filter is still proving problematic, hence we have no fish as yet. Wondering if anyone has experience with filters and would be prepared to take a look at it, or if anyone has a filter lying unused at home that we could use, before we go to the expense of purchasing a new one.

Susi, Karen, Sally and Donna

Cycle 3 News

Across Both Rooms

Bike Enclosure

Last year some of the Cycle 3 boys raised funds through the Beechworth Community and District Bank BBQ on Celtic Festival weekend. They are keen to have the bike/scooter/skate lockable area enclosed with a room and walls. At present it is a fenced area and their “machines” are exposed to the weather conditions. At a meeting with Terie and Heather it was requested that the boys ask parents if they were able to help the boys create this enclosure. As yet there has been no word on this happening. We are keen for the boys to take action to create this space but if it isn't possible we will need to pay someone before the weather turns. Please let Heather know if you are willing and able to assist the boys so that we can get this started. If we receive no word within a week or so we will look at other options.

District Swimming Carnival

This Friday the 14th of February. We have 8 swimmers from Cycle 3 attending. Please make sure you have handed back your permission note and payment to the office.

The Cycle 3 swimming program

Begins next week (17th- 21st Feb) and will run each day from 1-3pm. Please ensure your child has handed in their permission note and payment to the office.

Tigereye

Welcome to Term one! It is lovely to see everyone back after the holidays and hearing what people have been doing in their holidays. Welcome to our new students who have come from Cycle 2: Ruby Kohlhausen, Charlotte Holden, Mathilda Chambers and Will Holmes.

History

This term in history we are exploring early humans and early civilisations. We started right back at the very beginning with a lesson using the 'black strip'– a 30 metre long strip of plastic that we roll out to represent 13 billion years since the big bang. The last one centimetre of the strip is marked with a red tape and approximates the amount of time that humans have been around (200,000 years). This lesson triggered some fascinating questions from students such as what came before the big bang, is time real, where is the crater left from the meteor that wiped out the dinosaurs? This week we also watched part of a BBC series called 'The incredible human journey' which you can find on youtube if you are interested in watching it with your child. The children were fascinated by this documentary, which examines where early homo sapien remains were found and how homo sapiens left Africa.



Language - Great Books

This term in Language we are using the Junior Great Books program as a reading, comprehension and group discussion activity. Each week the students read one story which we later discuss in small groups using a 'shared inquiry' approach. This approach encourages students to acquire the habits of self-reliant thinkers, readers and learners.

Kat

Topaz

We have had a very busy start to the year in Topaz and I am really enjoying getting to know and re-acquainting myself with your children. The majority of my group I had the pleasure of being with in Cycle 1 and it is amazing to see their growth and development.

We have begun our botany studies with fruit classification and have been naming and happily sampling pomes, drupes, berries, pepos and hesperidiums. We are beginning to classify types of dry fruits and indehiscent and dehiscent seed types.



In Science and Technology we began with simple machines and are moving onto the six main types of bridges: beam, arch, truss, suspension, cable-stayed and cantilever, learning nomenclature and paraphrasing information. The students will then choose a type of bridge to construct as part of their project work. Thanks to the Linda and the Emerald room for the loan of the Roman Arch. Many of the students remembered it from their Cycle 1 days and have used great problem solving strategies to construct it themselves. In fact our engineers have begun to extend it into some fantastic symmetrical designs.

In History we have rolled out the 30 metre long, 'Story of the Universe' material which represents the time from the Big Bang until the coming of humans, which is represented by a narrow red strip around 10 cm at the end. This materials shows how long the universe has been expanding and the very short time

humans have been here. The students are well versed in this story from listening to the Great Stories in Cycle 2 and they showed a clear and concise understanding of the topic. We will now explore the evolution of humans from our closest relatives the chimpanzees and have started with Australopithecus afarensis focusing on the discovery of Lucy whose remains provided evidence of the first bipedal hominids.



In cooking we are focusing on super foods and Liam, Rubi and Jade cooked up a delicious meal of chickpea and lentil burgers and home-made hummus, all of which was happily consumed with approval. **The recipes are below:**

HUMMUS/CHICKPEA DIP

Ingredients

1 425g can of chickpeas
(reserve $\frac{1}{4}$ of the liquid from the can)
 $\frac{1}{4}$ cup of tahini
1 tablespoon of olive oil
 $\frac{1}{4}$ cup of lemon juice
1 clove of garlic

Method:

Place all ingredients in a food processor and blend. Add chickpea juice if needed. Serve with carrots and celery or pita bread.

LENTIL AND CHICKPEA BURGERS

Ingredients:

1 cup red lentils
1 tablespoon oil
5 spring onions sliced
1 teaspoon cumin
425g canned chickpeas
1 egg
1 clove garlic crushed
1 grated carrot
1 corn cob
¼ cup chopped parsley
1 cup besan flour
Sesame seeds

Method

Cook the red lentils. Slice spring onions finely, chop parsley, and crush garlic.
Put in a food processor with the can of chickpeas, cumin, egg and lentils. Blend.
Take out mixture and place in a bowl with the corn, carrot and besan flour.
Combine and form into patties. Roll in sesame seeds.
Fry in oil until browned on both sides.

Please feel free to drop in for visit or catch up via email quealy64@bigpond.com

Terie

Montessori Matters

Articles and information in this section may not necessarily be Montessori philosophy but the concepts support the Montessori child and parents of a Montessori child.

Research has shown that the quality of children's sleep can affect their behaviour and academic performance. Factors such as watching TV and playing on the computer around bedtime or having these in the bedroom can create sleep problems in children.

Our pilot study with 2-5 year olds identified environmental factors that may influence children's sleep quality and some of the findings were published recently in [The Age](#).

We are verifying the findings from the pilot study in a new national study by extending the age range of children from 2-5 years to 2-10 years and using an anonymous questionnaire which will be completed by parents and carers. The parent or carer can choose to complete the online or paper version. [Click here to read the paper version](#) of the questionnaire.

You can find the [link to our survey here](#).

We would like to promote the study in Victorian schools and pre-schools to capture as many parent/carer responses as possible.

The study has been approved by the University Human Research Ethics Committee at La Trobe University and the Victorian Department of Education and Early Childhood Development.

How well does your child sleep?

A study on the quality of child sleep

Who can participate?

Parents (or carers) of children aged from 2 to 10 years old

What's involved?

We are looking at relationships between sleep hygiene, bedding, sleep environment and children's sleep quality.

If you decide to participate, we will ask you to:

- Complete a survey online - <http://tinyurl.com/childsleepsurvey>
OR
- You can complete a paper version of the survey; please contact Ru using the details below.



For more information

Please contact: Miss Ru Ying Cai
Olga Tennison Autism Research Centre
La Trobe University, Bundoora
Phone: (03) 9479 6762
Email: r.cai@latrobe.edu.au



ETHICS APPROVAL NO: FHEC13/R79



Community News

Enjoy Performing Arts!

Come learn to dance with the Regional Academy of Performing Arts! Join us as the new term begins. Our teachers travel to Beechworth and teach on Mondays and Wednesdays at the Beechworth Football Club. This term, we offer Tiny-Tots, ballet (all ages), adult and senior contemporary, jazz, hip hop, Please contact our studio: admin@rapaweb.com.au or call (02)6056-2479 to enroll.

Registration Evening



Myrtleford Savoy Soccer Club

Savoy Park

Thursday 13 Feb - 6pm to 8.30pm

Club Information, Merchandise and Registration payments 2014

To find out how to register visit our website for details

<http://www.myrtlefordsoccer.com.au/>

Savoy Park is located behind the Myrtleford Savoy Sporting Club
256 Great Alpine Road, Myrtleford.

secretary@myrtlefordsoccer.com.au

<https://www.facebook.com/pages/Myrtleford-Savoy-Soccer-Club/117753788259283>

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FRIDAY 28TH FEBRUARY

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PRIORY LANE BEECHWORTH

SUPERB 3 COURSE DINNER

INSPIRATIONAL SPEAKER

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SACRED JUNGLE
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SAT 1ST & SUN 2ND MARCH

10AM TIL 5PM

BEECHWORTH MEMORIAL HALL

FORD STREET BEECHWORTH

FREE WORKSHOPS & DEMONSTRATIONS

ENTRY: \$5

KIDS 12 & UNDER FREE

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STRESS RELIEF, MEDITATION, YOGA, PERSONAL DEVELOPMENT, READINGS, ASTROLOGY, TAROT
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HOME

JED OUR LABRADoddle is Looking
for a New Home.
2 years old Male Very Loving NATURE
And great with young kids.
We are Moving Interstate and are
Unable to take him with us as We are
Not allowed cats/Dogs.
would suit family with abit of Space.
If you can help please
call Paul - 0413503794

XX THANKS XX