

Term 3 Week 5 – 17 August 2017

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Beechworth Montessori is a Child Safe School

The newsletter will be distributed fortnightly with room reports appearing in alternate editions.

2017 Term Dates: Term 1 - 1st February to 31st March (9 weeks)
Term 2 - 18th April – 30th June (11 weeks)
Term 3 - 17th July – 22nd September (10 weeks)
Term 4 - 9th October – 20th December (11 weeks)

Monday	Tuesday	Wednesday	Thursday	Friday
14 th August	15 th August	16 th August	17 th August	18 th August Coffee Morning Cycle 3 (nominated students) Meals on Wheels Moonstone Sleepover
21 st August Dental Van Forms Due	22 nd August	23 rd August	24 th August School Sports Carnival	25 th August Pupil Free Day Pasta Night RSVP
28 th August	29 th August	30 th August Father's Day Night 5pm	31 st August Maria Montessori's Birthday	1 st September Coffee Morning Pasta Night 6pm at The Priory
4 th September Dental Visit Week	5 th September	6 th September Toy Catalogue Orders Due	7 th September Beechworth District Sports	8 th September Coffee Morning
11 th September Parent Teacher Interviews Week	12 th September	13 th September	14 th September	15 th September Coffee Morning Cycle 3 (nominated students) Meals on Wheels
18 th September	19 th September	20 th September	21 st September	22 nd September Coffee Morning Last Day Term 2.15pm finish

For any further dates, the **School Stream** App on your smart phone currently shows the next 90 days of events.
For the rest of the year please see the calendar on our website.

A note from Susi

This week, whilst conducting a school tour, I felt myself viewing the classroom as the child does. I happened to be in a Cycle 3 classroom when I became acutely aware of my intrigue and desire to open a little wooden box on the shelf. What would I find inside?

"Montessori education is designed to awaken interest and to allow children to pursue learning about issues that personally interest them. This is necessary to a system that is based on intrinsic motivation."

- **Montessori the Science Behind the Genius** - Angeline Stoll Lillard.

Ways to Foster Intrinsic Motivation in the Home is the Montessori Matters article this week. I hope you find a few useful ideas.

Working Together:

Meet Committee of Management (CoM) member, Jacqui Alessi. If you have had the pleasure of meeting Jacqui you will know that her collaborative personality and her desire to contribute positively to our beautiful Montessori school along with the willingness to tackle just about anything makes her the perfect CoM member!

Enjoy finding out more about Jacqui's role through the eyes of Year 6 students, Arnya and Amelie interview.

How big is your part in the build? I am the Chair of the Building Sub-Committee.

When do you want the hall to be finished? It is looking like it will be finished after this month.

Is it stressful your part in the build? No I don't find it stressful but there can be lots of change and delays and sometimes people can be late.

Are you happy with the hall? I think it will be fantastic. It will give a space for all the school to come together.

Did it cost lots? Yes it did. We have received funding from ISV. The whole build, finishing the school, including things like carpeting and heating is a \$1 000 000 project.

What will the hall be used for? Everything I hope from watching movies, making music and performing concerts.

Do you like the hall design? I do. We have an architect too.

What about the stage? There will be a portable stage with a back stage area.

Is the design functional? Yes we have timber floors which will be good for sport. At first I was worried about the glass windows and playing sport but the windows are double glazed and we can use soft balls. There is also storage space.

Are there lots of natural materials? We did our best - we used as much as possible.

How long did you spend on the design? April last year we started so 15 – 16 months.

Were you going to build the hall earlier? I thought it would be good for the school. Years ago the plan was for the school to have a hall but because of lack of money and budget costs we couldn't build it.

Will there will be any landscaping and gardening? There will be some landscaping, terraces and steps.

What will the entrance be? There will be one main entrance and five other external exits.

Cyber-safety

The **thinkUknow** organisation is holding parent sessions at Beechworth Secondary College on Tuesday 5 September. Time to be confirmed.

The **thinkUknow** website has excellent parent resources including Family Online Safety Contracts, information about Parental Controls, factsheets and videos for parent/carers, research and other information. Below is a blurb from the **thinkUknow** website

What we see, say and do online ... Technology plays an important role in how young people maintain their friendships and communicate with those closest to them. Technology is no different to anything else a young person encounters. They will make mistakes, and we need to be able to support them through this and arm them with the right information, and empower them to make the right choices.

The internet is an amazing thing. It is almost the one stop shop for everything. It is a supermarket, it is a university, it is a doctor, it is an entertainment hub. Ultrasound pics, baby pics, first day of school pics – Parents today have



encouraged the use of technology and placed their child right in the middle of it all before they can even crawl in some instances.

Through research and discussions, parents have told us they want to know what their children are seeing and doing online. We've developed advice on what children SEE, SAY and DO online. It is an easy way to remember what your children may encounter online, and the potential challenges they may face. <https://www.thinkuknow.org.au>

2018: Although it is only term three, the year is passing quickly and planning for staffing and programs are well underway. In light of this I would like to take this opportunity to ask you to let us know, by the end of this term, of any changes or possible changes to your child's enrolment at Beechworth Montessori in 2018. We require a terms notice thus if a child is not returning to Beechworth Montessori in 2018 we should be notified at the latest in the first week of term 4. Thank you for assistance with this. Please feel free to see me if you have any queries.

Regards, Susi

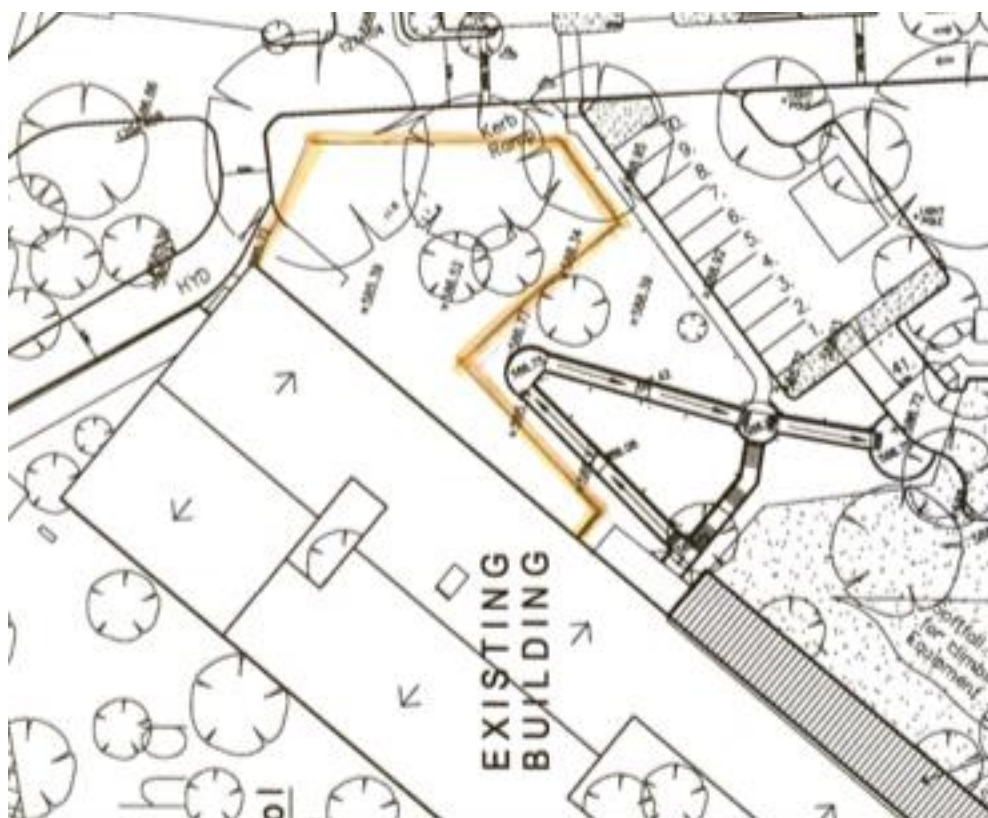
From the Building Sub-Committee

Front Fence

Further to last term's notice regarding a front fence for the school, the building subcommittee, staff and CoM have agreed upon management actions and fencing options that will mitigate identified risks. A black tubular fence, the same as cycle 1, will be constructed outside the cycle 2 classrooms encapsulating the habitat and meandering down the slope to the entrance of the school. The ramp and stairs will remain open and unfenced. The automatic doors will be changed so as to require an adult to open them and prevent young children from walking out unaccompanied.

These measures will improve the safety of our children and provide additional benefits to our school community. A fence will enable Cycle 2 children to have greater access to the outdoor curriculum, and provide an additional outdoor area for transitioning Cycle 1 children. The front of the school is often used for hosting events such as pancake breakfasts and coffee mornings and it will be wonderful to be able to continue this in a safer outdoor space for our families with young children to relax and enjoy.

Please see the below drawing of where the fence will be located. The installation of the fence is expected to commence in the next few months. For any enquiries please contact Jacqui Alessi at info@bms.vic.edu.au or mobile [0437 361 552](tel:0437361552).



School Athletics Carnival

Next Thursday 24th August is the day of our Athletics Carnival. Cycle 3 will have their track and field events in the morning. After lunch the Cycle 1 & 2 children will join them for their activities. It would be great to see lots of parents there to support the children.

If we need to postpone for weather reasons we will run the carnival the following Thursday (31st August).

Toy Catalogues

The Parent Direct & Educational Experience Toy Catalogues have arrived. These offer you the opportunity to purchase quality educational and great value toys with a direct benefit to the school. Up to 25 cents of every dollar you spend will be given back to us to buy educational resources that will be used by your children. Plus for every 20 orders, we get an additional \$200 to spend.

Have a look through the catalogue, then place an order at online and nominate it for the fundraising voucher during checkout. Alternatively, fill out the order form, return it to the school and we will lodge it for you! You are welcome to list the school as the delivery point and we will let you know when your package has arrived.

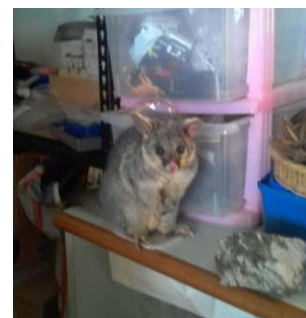
Catalogues have been placed in the parent pockets of Early Years families as we only receive a limited amount. If you would like a copy of the catalogue, see us in the office. If you received one and don't need it please drop it in the form lodgement box or leave it at the office. Order Forms due back Wednesday 6th September.

Sports Fun & More

Josh and the cycle 2 students had some extra excitement on Friday while up at the Mayday Hills oval when Valentino the corella visited. Valentino took a liking to Josh and flew onto his shoulder and seemed quite content to stay and play. The children thought it was great! A quick phone call to the vets had the grateful owners reunited with Valentino and safely back home. Well done Josh for calmly and kindly handling the surprise visit.



To follow on a similar theme on Monday we discovered a bit of a mess in our Ruby Room storeroom courtesy of a possum. Despite a great deal of hunting the possum was not discovered until Jess found him while looking a bag of resources. He was tempted out of the storeroom and into a box with pieces of apple. Dick then took him off for rehoming in a tree behind his house.



Smiles on Site Dental Vam

Beechworth Montessori School is participating in the Smiles Onsite (Dental Van) program, please find below a link that directs you to our company's online dental consent form.

We offer a FREE Dental Examination for all students and Medicare Bulk Billed treatments if needed. Our Dental Van will be at Beechworth Montessori School in Week 8 of Term 3.

If you would like your child/children to participate in our service please fill in the dental consent form by clicking on the blue link. This form can be filled out on your computer, smartphone or iPhone.

Dental Consent Form Link:

<https://form.jotform.co/72129241286859>

Your child will go into a draw to win a Virtual Reality Headset and will also receive a Goody Bag when attending the mobile clinic.

Thank you for taking the time to read this and we hope to see your child/children at our clinic!

Regards, Smiles Onsite Team



Beechworth Montessori Pasta Night

When: Friday 1st September at 6pm

Where: The Priory, Beechworth

Cost: 2 types of pasta plus dessert
\$25 adults / \$10 children

No charge for children under 3 years old

Concession discounts may be available, see us in the office

RSVP essential by Friday 25th August to the office

Peer Support Program Sessions

Week 4 – Being Supportive – 18th August

This week in the Peer Support session, children will be focusing on the importance of support networks and the role that friends play in each others lives. Children will construct a visual representation of this during the session. Encourage your child to identify friends they have who can provide support to them if the need arises.

Week 5 – The Best Way to Play – 1st September

During Peer Support this week the children will be looking at how to play in a friendly way in order to maintain friends and build positive relationships. Through various activities children will discover the importance of taking turns and having consistent rules throughout a game.

This week help your child practise these skills by encouraging them to play games with siblings, family or friends.

Cycle 2 News

From the Moonstone & Turquoise Rooms

What a busy start to term! The children are very much deeply into their studies of the hydrosphere and space cycles, while also loving drama and art classes. Make sure you take a look at our art and project wall along the corridor to Cycle 2. We have also hosted a parent information evening about the role and importance of The Great Stories and had an incursion from St John's Ambulance services upskilling the children with age appropriate first aid advice and applications. Cycle 2 is also in the middle of sleepover fever with Turquoise hosting theirs last week and Moonstone this week—a great experience for everyone!



Cycle 3 News

From the Tigereye & Topaz Rooms

In Term 3, Cycle 3 welcomed four new students who transitioned up from Cycle 2 or moved from other schools – Sol and Tyron entered Tigereye, while Ted and Luka moved into Topaz. It's marvellous to have these new personalities and bright faces in the classes, and they have all settled in well socially.

Peer Support has been running for three weeks now and the Year 5 and 6 students have found it a lot of fun to interact with the young students. They always return to the classroom with lots of stories and experiences to share. Monday is preparation day, when they put together all the materials they will need, paint posters and practice the activities, and then Friday afternoon is D-Day. A few Year 5 students have courageously run the groups while their Year 6 leaders were away – well done!

In Week 2, we attended the District Sports event, playing soccer and netball, and District Athletics is coming up in Week 8. We will be practising athletics during sport in the run up to this event. In the meantime, our own Sport's Carnival is scheduled to take place next week, so let's hope the wind and rain have worn themselves out by next Thursday.

Last week St John Ambulance visited the school to teach CPR and basic first aid response techniques. Year 5 and 6 were totally absorbed by this work and participated with great enthusiasm.



Sessions on puberty education (Year 5 and 6), using the Catching on Early curriculum will begin this week and run through for the next few weeks. Concurrently, the Year 4 students will be exploring cybersafety. Although the older students have been rolling their eyes in embarrassment at the thought of talking about puberty, we're confident they'll handle it with maturity on the day. Boys and girls will be separated in some sessions.

The students have been enjoying the classroom music lessons, and we've been enjoying it too! One group does ensemble with Kat, playing their own instrument or using recorders/percussion instruments provided by the school, while the other does singing games and musicianship with Alison, following the Kodaly method. Each week, the groups alternate between the two forms of music workshop.

After two terms of geography and politics, in preparation for the trip to Canberra, Topaz has been focusing on science this term. The students have had a ball with combining and separating different chemical substances, seeing what can be made and taken apart. The crystals still forming from our supersaturate, drawing cries of wonder from the students; about a kilo of sugar went into the supersaturated solution the students made themselves, after which they evaporated off all the liquid. We got all the sugar back, but I don't think we'll be reusing it for cooking. Other students have been exploring electricity and magnetism, looking at how batteries work and building circuits. The last group are studying atoms and elements, using the atom board and their own research. Some built models, while Louis completed an enormous study of the structure of about 20 elements.

Tigereye students had a ball studying parts of circles and astronomy together, drawing and measuring the diameters of stars, including our sun, near the front entrance. Square roots have also been a big hit in Tigereye, with some students spending 2 hours a morning calculating lots of them! Ancient history is coming alive with various models of Sumerian, Egyptian or Greek buildings. Also in history, last week some students revisited the fourth great story on the coming of writing.

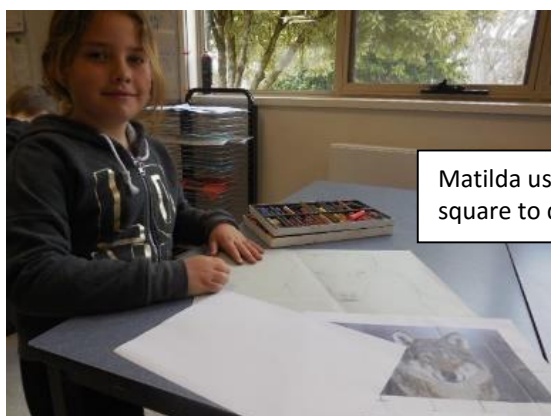
Students in both classes do cooking each week. Tigereye has four students cooking a 2 course meal every second Thursday, while two Topaz students choose their cooking day each week, alternating between sweet and savoury dishes. They love the cooking, and we've had some delicious food to eat, including burritos, nachos, rice paper rolls and shortbread biscuits. One group out-sweetened all previous cooking efforts with their Malteser cake! We've concluded that maybe Maltesers are sweet enough in themselves!



Sol, Eli, Bertie, Tilly and Matilda using string and chalk to draw the biggest stars in the universe compared to our sun. UY Scuti's radius was 170cm. Our sun's radius was 1mm!!!!



Charlotte, Elodie, Tim and Zoe lead their peer support group.



Matilda using a grid square to draw a wolf.



Year 5s and 6s doing First Aid training last Thursday.



Arnya's project on Ancient Mesopotamia, including her model of a Ziggurat (temple).



Cooper, Eli and Hagen are enjoying calculating square roots on the pegboard.

Montessori Matters

Ways to Foster Intrinsic Motivation in the Home

From www.howwemontessori.com

Intrinsic motivation is a prompt to action that comes from within the individual; a drive to action that is rewarded by doing the activity itself, rather than deriving some external reward from it. The concept of intrinsic motivation is fundamental to the Montessori philosophy. It is much talked about in the classroom but what about in the home?

Some of these will not work for all children and in all homes, hopefully it will still be useful and give you a few ideas!

Ways to foster intrinsic motivation in the home:

- Create a supportive environment. Yes to encouragement and trust. No to criticism, judgements and critiques. Children should feel free to fail, we often learn more from our failures than our successes.
- Set clear and achievable expectations, so that children can meet our expectations and feel a sense of accomplishment and self satisfaction. Our expectations should not be unattainable.
- Make tasks achievable, with a defined end and outcome. Provide opportunities for children to build skills and build confidence. Give them the opportunity to use these skills. Set the child up for success! Our actions are often based on our beliefs, we need believe we can do a task. Children need to believe in themselves.
- Eliminate extrinsic motivations as such punishments and rewards. Children can become dependent on them, then in turn parents become accustomed to them and rely on them.
- Share accomplishments and struggles with each other. Allow children to share their highs and lows, their progress and all the steps along the way. Remember the key isn't about what you learn but about how you learn.
- Allow children to see their successes or improvements over time. Show them how they have improved, how far they have come, "Remember last time you couldn't reach that bar/go that far..."

- Allow the child to see the impact and value of their work. Community service or helping friends are really good examples where children can feel and see how their work has impacted others.
- Autonomy. Allow the child to have as much choice as possible. This increases the responsibility and commitment they have towards the task/project. If it has been by their choice they will be more committed to it personally and take personal responsibility to see it to the end, to do the best they can. Allow the child to set their own goals and rules (where possible), children then become accountable to themselves.
- Give genuine, accurate and authentic feedback.
- Be curious and passionate about learning yourself, seek to learn and do new things, role model enjoying the journey, not just the outcome.
- Work together or in group to achieve a common goal. This can be as simple as working on a project as a family, where everyone has a role. We can feel valued when working in a team and feel a sense of achievement when as a group we achieve our purpose. Children can feel like they have contributed to something greater than themselves.

Community Notices



Speech Pathology Services

Private Speech Pathology assessment and therapy services available at Yackandandah and Beechworth Montessori (for BMS students).

Rebates may be available through medicare or private health. HCWA and NDIS registered practitioner.

For an appointment please contact Meg on 0422514386 or meg@megengel.com



Dancers Wanted

We are looking for dancers to join our exhibition team to perform at events during October and November.

Auditions for the Beechworth Celtic Festival Tattoo will be held in September.

Lessons will cost \$5 per session and may be held in Wangaratta and Beechworth
Phone Narelle on 0419976570 or email
rell_33@hotmail.com





Registrations are now being taken for the 2017/18 LITTLE ATHLETICS Season

Fees for this season are:

**One child \$115, Two Children \$210, Three Children \$305
Four Children \$400, Uniforms \$35**

All registrations **MUST** be completed online at www.lavic.com.au before attending a registration day on:

**** Saturday 7th October 10am – 2pm ****

or

**Monday 9th October 4pm – 5:30pm
Appin Street Sports Complex**

****This year we are combining our first Registration Day with our Come and Try Day, where we will also be celebrating our 50th Birthday. Kids are welcome to come down and have a go at: ****

*** Long Jump**

*** Triple Jump**

*** High Jump**

*** Shot Put**

*** Turbo Jav**

***Vortex**

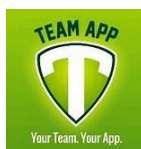
*** Sprinting**

www.wangarattalac.com.au

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Wangaratta Little Aths



@wangarattalittleaths

Rutherglen Little Athletics Club

All families are invited to come along for our “Come and Try” session at 4:30pm on Monday 28th August at Rutherglen Showgrounds.

Have your children shown an interest in Athletics? Do you want your children to be more active and socially connected? Are you an active parent/guardian willing to get involved in a family based sports club? If you answered yes to any of the above questions then Rutherglen Little Athletics Club might just be the ticket for you.

Little Athletics is a program for children from 5 to 15 years. The emphasis is of Little Athletics is on fun, participation, performance, technique and getting involved with your family in physical and healthy activity. The motto of Little Athletics is 'Family, Fun and Fitness'. And at Rutherglen we foster this motto by working with parents/families and by having parents/families work with us. We hold social events throughout the season to encourage the fun side of athletics and of course fitness comes hand in hand when participating in our club.

Rutherglen Little Athletics Club is now preparing for its upcoming 2017/18 season which is due to commence in 28th August and we invite our whole community to show your support and or interest in ensuring the continued success of our club.

Please contact Julia Polkinghorne for further details Phone – 0468536275

Email - rutherglen@lavic.com.au



Invitation to: **headspace** Albury Wodonga Community Report Card



Please join us as we report to the community around how **headspace** Albury Wodonga has provide support to young people since opening.

We invite you to share with us your feedback on how we best continue to improve our service and support young people in the community.

When
Wednesday 6 September 2017
12.45 commencing at 1.00pm -5.30pm
Where
Albury Entertainment Centre
525 Swift Street Albury
Please RSVP via email to
headspaceAW@gatewayhealth.org.au
by COB 25 August 2017.
Afternoon Tea provided please advise of any dietary requirements



headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health
headspace Albury Wodonga lead agency is Gateway Health





*Divine Yogafit
and Wine catered
by The Vine (Chiltern)*

*wine
not?*

Call Deb 0407 531 510 to book or for more info (limited spots)



*"we think that yoga,
meditation, deep breathing
...and a little wine all help
smooth out the hills
& valleys of life."*



9am – 12pm Sunday

2017 Dates

*August 13th
September 10th
October 8th
November 12th
December 10th
every 2nd Sunday*

Come join us for yoga and brunch.

*Weather permitting it will be held in the
garden out the back of The Vine.*

*Alternately we will do the yoga and
relaxation at the Senior Citizen's Hall
and then stroll to The Vine for a lovely
morning and meal by the open fire*



Food Choices

*Baked potatoes, Scones,
Pancakes, Yogurt,
Granola cups, Baked
eggs, Croissants, Quiches
Chakra pizza plus lots
more (GF & Vegetarian
options available)*

*Included: yoga, brunch, choice
of 2 drinks (wine, champagne,
coffee, tea, juices, hot choc),
goodie bag & more. Full list
available when you enquire/book*



— THE —
VINE
CHILTERN

Active Indigo Plan Community Bulletin



Indigo Shire Council is preparing an **Active Indigo Plan (Recreation Plan)** for the next 8 years—this plan will guide how we support the physical activity needs of our community. We are working with Wendy Holland from communityvibe to do this. **We want to know:**

- How do we encourage people to be more active?
- What can Indigo Shire Council and the community do to improve recreation facilities?

Give us your feedback and go in the draw to win some great **prizes** including 5 x Indigo Shire Pool Season passes and 5 x \$50 Rebel Sport vouchers.

Have your say!

Complete the survey

Complete our online survey <https://www.surveymonkey.com/r/activeindigo> by **Monday 11 September 2017**. Hard copies of the survey can be obtained from Council Customer Service Centres and Libraries. You can return these via post or in person to Council.

Attend a listening post

Listening posts, where you can come along and meet the project team and share your ideas about recreation and active living in the Shire, will be held at:

- **Yackandandah** – Sunday 20 August at the Yackandandah Lions Club Community Market from 9am – 12pm. Wellsford St, Yackandandah
- **Beechworth** – Saturday 2 September at the Beechworth Farmer's Market from 9am-12pm. 27 Ford St, Beechworth
- **Chiltern** – Sunday 3 September at the Chiltern Market from 10am – 1pm. 18 Victoria St, Chiltern.
- **Sandy Creek** – Saturday 9 September at the Recreation Reserve from 11am-3pm
- **Rutherglen** – Sunday 10 September at Rutherglen Farmer's Market from 9am – 12pm. Rutherglen Lions Park, Douglas St, Rutherglen

Provide feedback on the draft Active Indigo Plan

Keep an eye out on local media and Council's website: www.indigo.vic.gov.au/activeindigo so that you can make comment on the draft strategy. This will be ready for input in November.



Contact us

Wendy Holland (communityvibe—0438 433 555 ; wendy@communityvibe.com.au) or
Sven Erikson (Indigo Shire Council Recreation Officer—0499 222 877)
are available to speak to you at any time about the Active Indigo Plan.

