

Term 4 Week 3 – 27 October 2017

The newsletter will be distributed fortnightly with room reports appearing in alternate editions.

2017 Term Dates: Term 4 - 9th October – 20th December (11 weeks)
2018 Term Dates: Term 1 - 31st January – 29th March (9 weeks)
Term 2 – 16th April – 29th June (11 weeks)

Monday	Tuesday	Wednesday	Thursday	Friday
30 th October	31 st October	1 st November	2 nd November Cheese Pick Up 2pm-6pm from Food Co-op	3 rd November Coffee Morning & Working Bee
6 th November	7 th November Public Holiday	8 th November	9 th November Junior School Council (C3 nominated students) 10am-1pm	10 th November Coffee Morning School Disco 5pm-6.30pm: Prep/Cycle 2 6pm-7.30pm: Cycle 3
13 th November Halogen Young Leaders Conference (C3 nominated students)	14 th November Grandparent's Day 10am-11am: Cycle 2/3 11am-12pm: Cycle 1	15 th November Instrumental Evening	16 th November	17 th November Coffee Morning Meals on Wheels (C3 nominated students)
20 th November Pupil Free Day	21 st November School Vision & Strategic Plan Session at 5pm	22 nd November	23 rd November	24 th November Coffee Morning
27 th November	28 th November	29 th November	30 th November	1 st December Coffee Morning
4 th December	5 th December	6 th December	7 th December	8 th December Coffee Morning School Concert 5.30pm
11 th December	12 th December	13 th December	14 th December	15 th December Coffee Morning
18 th December	19 th December	20 th December Last Day Term 4 (3.15pm finish)	21 st December	22 nd December

A note from Susi

There is well and truly a buzz amongst our community -

The inaugural 2017 Barrowthon event: team T-shirts designed by Year 6, parents screen-printing the T-shirts, ironing shirts in the foyer, co-ordination of families to take a leg of the 88km journey, camping and more. Our school is the 4th top fundraising team raising over \$5000 to our nominated cause the Murray Valley Sanctuary Group which offers extracurricular activities to school aged children of asylum seekers. Donations are being accepted up until 4 November.



Cooper's Friday Coffee and delicious home-made biscuits morning - busy and definitely the staff's favourite morning. Cooper has so far raised over \$1000 to donate to Syrian refugees. Special thanks to Coffee Chakra for their donation of coffee and Jenny Hodges for her donation of beautiful handmade pottery cups.

The new multi-purpose hall - absolutely brilliant with incredible potential, all sorts of wonderful ideas are starting to form.

Next Friday morning 3rd November - working bee in the front garden. Come and enjoy the company of others whilst weeding, mulching and planning a School Grounds Sub-Committee to implement outdoor landscaping designs guided by Montessori principles.

Preparation for bushfire season

Our school is on the Bushfire At-Risk Register (BARR). Inclusion on this register is a trigger for the school to pre-emptively close on days declared Code Red in their Bureau of Meteorology district. As part of the school review, by the Victorian Registration and Qualifications Authority (VRQA), the school underwent a Bushfire Preparedness assessment and the multi-purpose hall was assessed as a suitable refuge in the event of a bushfire threat. With the safety of children and staff of the highest importance, we are committed to ensuring our school is fire ready. The children will be participating in an evacuation to the new hall next week. Please take the time to read the newsletter article: Bushfire At-Risk Register – Schools and discuss your family's bushfire survival plan.

2017 Wodonga Children's Fair: This Sunday we have a site at the Children's Fair and an opportunity to showcase our beautiful school with an Early Years focus. If your passing by, pop in for a visit, there are a lot of activities for the children such as the Hay Ho Animal Nursery, dancing and circus performances, food stall and more.

End of Year School Concert Friday 8 December at 5.30pm: Put the date on the calendar – a celebration in our new hall with a variety of performances by the students from across the school. Further details to be announced.

Regards, Susi

Multipurpose Hall Ready

Hi Everyone, I have great delight in announcing our new multipurpose hall as ready to utilise and enjoy! I would love to see the children's faces as they walk in the hall for the first time, as it really is an impressive space. I hope you have the pleasure of observing great excitement in your children as they share their first experience of the hall, and the many wonderful experiences to come. Families please feel free to have a look and share in the joy of this great achievement.

I would like to take this opportunity to thank Greg Kennedy Architects, and Trevor and Di Smith and their team at Alltim, for delivering an amazing result for our school, in not only the hall but also throughout the school building with new flooring, heating, kitchen, administration and the many other improvements both inside and outside. Trevor and his team have been an absolute pleasure to work with and have demonstrated grace and courtesy at all times in our environment and with the school community.

A big thank you to Feona for keeping the school running, moving furniture, responding to the many and varied challenges that came up along the way, whilst maintaining composure and grace even during the trying technological issues.

Save the date

School Vision and Strategic Plan Tuesday 21 November, 5 - 9pm

A facilitated Vision and Strategic Planning session will be held on 21-November. The session will kick-off at 5pm in the school hall, further details covering the facilitator and process will be sent out next week.

A huge thank you to the building subcommittee - Penny Everingham, Melissa Scott and Karen Bowey, it has been a big project with regular meetings and continued commitment and effort - absolutely worth it as what a great result!

Thank you to the Australian Government for providing Commonwealth funding through the Capital Grants Programme and Victorian Independent Schools Block Grant Authority. And last but not least, thank you to the 2014-15 Committee of Management, Heather Gerard and Howard Russell for securing the Commonwealth funding that turned the dream into a reality. There have been many people who have contributed to this journey, and I thank you all.

Enjoy our wonderful school and multipurpose hall, and I look forward to coming together at the end of the year to celebrate!

Jacqui Alessi (Building Subcommittee and Committee of Management)

Barrowthon

For those uninitiated to The Barrowthon (<http://barrowthon.com.au>), it is a fundraiser for friends, families & organisations who want to share the load for someone doing it tough. By pushing a wheelbarrow 88kms from Beechworth to Mount Buffalo, teams raise funds and awareness for a cause of their choice.

Our team captain was Christie Rodda, without whom we may have not made it! Thanks Roddas for your considerable support of this event!

Day 1 Kids riding with the barrow on Saturday included Audrey, Hugo & Gabe, Anouk & Henry, Ruby, Oliver, Noah, George & Rueben. They did a great job helping out the front by stopping at the roads. We had a great crowd walk & ride into the day 1 finish at the Porepunkah bridge playground on the Ovens, where we enjoyed a festive afternoon by the river. Beautiful spring weather shone on us all weekend highlighting the beauty of the Ovens Valley and Mt Buffalo. Camping was an added bonus for many of the team, enjoying an evening by the river.

Sore bodies didn't stop our runners day 2; Richard and Pete bravely starting out, followed by sprints for 20km up the mountain by Adrian, Christie, Luc, Jamie, Marty, Ben, Penny, Meg, Kat, Matt (big apologies if I've missed anyone!) Sage & Mia and Arnya & Luca joined in running up the steepes of Mt Buffalo. Dean Cleave-Smith and Ruby & Louisa's grandmother Di did a super job shuttling runners up the mountain.

It was exciting to have the whole crew walk from the historic Buffalo Cricket Pitch to the Chalet together; kids sharing the barrow along the final uphill stretch. The applause reaching the end was heart-warming & filled us with pride! This event is proof that much (even the seemingly impossible!) can be achieved with team work and determination, and made fun by positive attitudes all round! Fantastic effort!

Montessori raised an impressive \$5090 for the Murray Valley Sanctuary Refugee Group

<http://www.murrayvalleysanctuary.org.au/>.

An achievement to be proud of for everyone involved!



On the weekend of the 21st and 22nd Beechworth Montessori participated in the Barrowthon for the first time. On the Saturday our team walked and ran from Beechworth to Porepunkah on the flat. We ran in teams of two or three people. On the second day we ran from Porepunkah to the top of Mount Buffalo. Cars dropped people off every 200metres going up Buffalo so they could have a rest in between. I ran part of the way as well and all of the money we got from our sponsors went to the Murray Valley Refugee. Our team captain was Christie Rodda and we couldn't have done it without her. We also couldn't have done it without such a motivated team and so many great sponsors.

By Sage Davidson



Early Years News From the Ruby Room

The Ruby Room started this term by changing the layout of the room to accommodate more toddlers attending the Educational Care Program. This facilitates staff to have better supervision of the room when children are working in the different areas.

Another small change, but significant, is introducing a progressive morning tea, which allows children to continue working on the materials if they choose to do so. This also helps them to be empowered and independent as they decide when to eat if they feel hungry. Besides, it means we can continue presenting lessons to children who prefer to be working on their activities with great levels of concentration.

During this first three weeks we are focusing our learning about insects. This theme was directly linked to our gardening topic from term 3 and following children's interest. They are particularly enjoying collecting live insects in the garden and under rocks.

This week we also started cleaning the courtyard and setting a few activities, which gives children an extra learning space with lots of shade for the hot upcoming months. Jess, Kyia and Michaela.



From Cycle 1 (Amethyst & Emerald)

MORNING PLAY

Between 8:30 and 8:55 the children are able to choose whether they begin their morning inside or outside. Whilst many do go outside straight away, there are a number of children who prefer to start their day in the solitude of the classroom. The children are now in a routine and know that when the bus pulls up, it is time to return indoors to begin the morning work cycle.

OUTDOOR CLASSROOM

The outdoor classroom has been a welcome addition to our program, with most of the children participating over the past two and a half weeks. Some children are itching to put on their 'wrist band' and go outside at 10 o'clock, while others are fully engaged indoors and not as interested. The outdoor classroom is divided into the areas of environmental science, visual art, and design and technology. The children have enjoyed selecting activities such as planting marigold seeds, making clay imprints of leaves, gluing dried beans and split peas onto a flower outline, folding gyrocopters, making foil boats that float, painting, paper craft, and setting up the train track. Those children without hats cannot access the outdoor classroom during the morning work cycle because the sun shines across the whole verandah. By 11:30 two thirds of the verandah is shaded, which allows children without hats to play on the verandah.

MUSIC

This term, Céline Muir has begun a specialist music program on Thursday mornings. The children engage in singing, naming and playing percussion instruments, keeping the beat, listening to voice rhythm, and using puppets to encourage individual performance. The songs and concepts learnt will be continued during circle time over the coming weeks.

PLAYGROUND PROJECTS

A big thank you to families who have helped out with our playground projects. The wallaby grass has been transplanted, a path excavated (it will become a sensorial path), logs and stumps brought in for a nature play area, and native bush tucker plants, seeds and herbs have been planted. There are still a number of projects to be completed before our Landcare grant is acquitted in just over a month. Please come and see us if you are able to lend a hand and we can work out suitable times for you to access the playground.

PLEASE NOTE

- Children need a broad-brimmed hat in order to utilise the outdoor classroom, for playtime, and sport sessions. The school Sun Smart policy also insists that shoulders are covered by a sleeve, which means shoe-string straps are not appropriate for the playground.
- Please check to see if your child's sunscreen needs replacing, as the children are now putting on sunscreen each day.
- A reminder that strappy sandals and thongs are not acceptable footwear as they are a tripping hazard. Please ensure your child has sensible, safe footwear, appropriate for running around.

We encourage children to use their cup to drink filtered water throughout the day. Water bottles are only needed on Thursdays so that children can take water with them to sport.



Montessori Matters

You don't always get what you want....

By: Catherine McTamanev Source: Montessori Daoshi

We are hard-wired to want to protect our children, to care for them and to want to keep them from suffering. When our babies cry, our hearts react, not just poetically but in real, physical responses to the stimuli of an infant in distress. That instinct doesn't go away just because our children get older.

Infants' cries, however, often signify basic needs; infants cry for food, warmth, fear, rest or nurture. Those are needs that should be addressed quickly. By responding quickly, we teach our very young children that they are safe in this world and their basic needs will be met. As children grow, however, their sadness can reflect more complicated causes: disappointment, frustration, and a need for control, among others. While the emotions they inspire may be equally challenging to hear, the reaction need not be the same. Avoiding disappointment is not a basic need. Neither is avoiding frustration. Quite the opposite: by preventing these struggles for our children, we do more harm than good.

When we think about children's sadness in the short-term, we want to allay it. Hearing our children cry or seeing them disappointed can tear us apart. We want their suffering to end. But when we think about the cause of their sadness in the long-term, we may not want to rush in to prevent it. A child who cries because he or she is frustrated may need to develop the persistence to push through frustration. A child who cries because he or she is disappointed may need to develop the resilience to accept that disappointment and move on. In both cases, preventing the child's sadness by removing the frustration or preventing the disappointment steals from the child the opportunity to learn how to manage those emotions on his own.

Our goal is not to keep our children from all sadness. Our goal is to equip them with the ability to respond to sadness with resilience, persistence and hope, to believe in their own ability to solve problems and to affect change rather than to rely on other people to prevent hardships. We want them to see themselves as capable contributors who can do things on their own and who know that accomplishing challenging tasks sometimes requires hard work. So, do we just ignore the crying child? No. Because just as we want our children to develop the self-efficacy to persevere through challenging situations, we want them to know they are loved and supported as they do.

When your child is sad, ask yourself whether solving the problem is both healthy and within the child's ability. A child who is frustrated by putting on his or her own socks, for example, may just need more time to complete the task, while a child who is frustrated trying to climb onto the dining room table may not need to be supported in accomplishing that goal! The child who is frustrated by his or her socks would be better supported by a loving adult offering patient company and encouragement as the child struggled through the task than by that same adult putting the child's socks on. Instead of rushing in to prevent the child from being frustrated, try sitting beside him or her and offering encouraging words. Give specific advice on how to accomplish the task and remind the child that you believe he or she can do the activity independently. Supporting your children by encouraging them lovingly to solve problems on their own may take longer than just solving the problem yourself, but, in the end, you will have done more than just avoid a short-term disappointment. You'll have nurtured the self-reliant, resilient, and persistent adult that is to come.

Walk to School 2017

Beechworth Montessori has joined the hundreds of primary schools across Victoria for a fun month of walking, riding and scooting to and from school. By participating, we have a chance to win some great prizes! So every time our local families walks, rides or scoots to and from school during October, you increase our school's chance of winning!

In 2017, we're encouraging our kids to put their best foot forward by decorating their shoes, bikes or scooters to make Walk to School even more fun. Get involved with us for Walk to School and help your family build healthy habits for life: walktoschool.vic.gov.au.



Newsletter article: Bushfire At-Risk Register - Schools

School procedures for the bushfire season

Fire danger ratings and warnings are used in Victoria to provide clear direction on the safest options for preserving life.

Schools and children's services listed on the DET Bushfire At-Risk Register (BARR) will be closed when Code Red fire danger rating day is determined in their Bureau of Meteorology district. **Our school has been identified as being one of those at high bushfire risk is listed on the BARR.**



Where possible, we will provide parents with up to four days notice of a potential Code Red day closure by letter email. A Code Red day will be determined by the Emergency Management Commissioner no later than 1.00 pm the day before the potential closure. Once we are advised of the confirmation of the Code Red day we will provide you with advice before the end of the school day.

Once confirmed, the decision to close will not change, regardless of improvements in the weather forecast. This is to avoid confusion and help your family plan alternative care arrangements for your child. It is also important to note that:

- No staff will be on site on days where the school is closed due to a forecast Code Red day.
- Educational Care Program will also be cancelled on these days.
- Excursions and School camps will be cancelled if a Code Red fire danger rating day is determined for the Bureau of Meteorology district in which the excursion/camp is located.
- As a bus co-ordinating school all bus routes will be cancelled.

On these Code Red days families are encouraged to enact their Bushfire Survival Plan – **on such days children should never be left at home or in the care of older children.**

For those of us living in a bushfire prone area, the CFA advise that when Code Red days are forecast, the safest option is to leave the night before or early on the morning of the Code Red day.

As part of preparing our school for potential hazards such as fire, we have updated and completed our Emergency Management Plan

What can parents do?

- Make sure your family's bushfire survival plan is up-to-date and includes alternative care arrangements in the event that our school is closed.
- Ensure we have your current contact details, including your mobile phone numbers. Keep in touch with us by reading our newsletters and checking emails.
- Most importantly at this time of year, if you're planning a holiday or short stay in the bush or in a coastal area, you should check warnings in advance of travel and remain vigilant during your stay.

- If your child is old enough, talk to them about bushfires and your family's bushfire survival plan.
- You can access more information about children's services closures on the Department of Education and Training website – see <http://www.education.vic.gov.au/about/programs/health/pages/closures.aspx>

How does the school respond to Extreme and Severe Fire Rating Days?

We strongly advocate that parent/guardians make informed choices about sending children to school on potential risk days that are designated "Severe" or "Extreme".

Community Notices



Beechworth Wanderers Cricket Club

Register ASAP to secure your place

Milo Cricket (5-8yrs)

Friday nights at 5.30pm starting 3rd November - Baarmutha Park, Beechworth

Milo T20 (8-10yrs)

Friday nights at 5.30pm starting 10th November – First week at Baarmutha Park Beechworth, then in Wangaratta

Register online at playcricket.com.au Just search Beechworth Wanderers Cricket Club and register for the appropriate junior age group.

www.discoversailing.org.au/tackers

Tackers is an Australian Sailing program aimed at getting kids aged 7-12 into sailing.

Each program includes
20 hours tuition from qualified AS Instructors & Assistant Instructors,
Fun on-water & off-water games
and a Tackers Kit & Certificate.

Where:
Albury Wodonga Yacht Club

When:
Starts 19th November 2017
1:30pm – 5:30pm (5 sessions)

Contact us now!
Email: training@awyc.org.au
Ph: 0467 355 258

TACKERS

Discover Sailing YACHTING AUSTRALIA

MELBOURNE CUP W'END

Artisan Furniture + Decor Sale

POP UP

HOME BODY

November 3rd - 6th

Designer furniture, lighting, mirrors, artworks, cushions, rugs, fabrics, baskets, chinaware, pre-loved clothing + shoes. Quality and unique items collected by a designer with pieces from travels in Europe and Asia.

Friday 3rd - Sunday 5th 9.30 - 4.30 | Monday 6th 9.30 - 1pm

7 CHURCH STREET **OLD STONE HALL** ART SPACE + VENUE
www.facebook.com/oldstonehall

TRIVIA NIGHT

SUMMER PREPAREDNESS



Emergency Ready

Beechworth

• BBQ dinner

• Fun

• Prizes

Date: Mon 30th Oct

Time: 6pm - 8:30pm

Venue:

Beechworth Memorial Hall,
Ford Street, Beechworth

Cost: FREE

A fun and interactive night out with family and friends.
How good is your knowledge when it comes to emergencies and preparing for the Summer season?

Book a seat or a table for 8

Bookings: indigoshire.vic.gov.au/roadshow

OR

Karen van Huizen (02) 6028 1157



5-7pm Monday 30th of October

Showcasing a year of ideas, creativity and future directions

Art, Design, Music, Drama, Technology & VEX Robotics

To be held at Beechworth Secondary College A Block exhibition space

Presentation by the Principal, Patricia Broom at 5.30pm

BSC students, families, friends & future students welcome

Drinks and nibbles provided

Images by VCE Art students Holly Borschman, Indigo Rowe, Elvie

Tours of the school on request most days and during the Arts event.

BtoBridge

The Gatsby Night

Our major fundraising event - hosted at the Old Priory on November 25th - [tickets available online!](#)

MC'd by John Walker & Kel Clark, and featuring live entertainment by Beechworth Music Festival, a keynote address from beyondblue ambassador and Channel Ten presenter Brad McEwan, auction conducted by Tony Stockdale, raffles, delicious finger foods, and of course, champagne on arrival.

To make this night a success, we are seeking major and minor prizes to be auctioned and raffled during the event. Sponsorship partners will be acknowledged at the event, on our website, and on social media from time to time. If you can contribute to the Gatsby Night, please email exec@b2b.org.au

The Elephant Walk

Stepping off from Beechworth on Easter Sunday, April 1st, 2018, Lisa and a number of supporters will walk for 22 days in the name of suicide awareness and stigma reduction. This journey is significant to Lisa, who shared her life with her husband Sean in Beechworth, but it all started under the North Side of the Sydney Harbour Bridge, where Sean proposed, and this spot marks the finish line of B2B's Elephant Walk.

B2B's dedicated committee, all survivors of suicide, are working hard to make this happen, please reach out if you can help. Here are some ideas for sponsorship that will get us closer to the Elephant Walk.

- Financial assistance (for start-up costs - insurance, permits etc.)
- Donation of major and minor prizes for our major fundraiser – The Gatsby Night (more info over page)
- Bulk screen-printed hi-visibility singlets, polo shirts and caps
- Miscellaneous promotional items
- Hydration and nutrition for long distance walkers and support crew
- ...and lots more!

Make a Donation

Financial contributions to B2B can be made via our website or at givenow.com.au/btobridge. Every dollar helps us on our mission to set the bastard free.

Get the conversation started!

Please visit [our website](#) and help set the bastard free by sharing our cause on social media.

BEECHWORTH-TO BRIDGE
PRESENTS
THE GREAT GATSBY FUNDRAISER

NOV 25, 2017, 7PM
THE OLD PRIORY
BEECHWORTH

\$50
PER PERSON

FEATURING

- GUEST SPEAKER BRAD MCEWAN
- MC JOHN WALKER
- AUCTION & DOOR PRIZES
- GOURMET FINGER FOOD
- DRINKS AT BAR PRICES
- MUSIC BY BMF

TICKETS AVAILABLE FROM WWW.B2B.ORG.AU #SETTHATBASTARDFREE



SPRING ARTS 2017

FEATURE ARTIST

Nina Machielse Hunt

Wild is the Wind

Recent paintings remembering Minjambuta, Dhudhoroa and Bpangerang. Capturing the atmospheric qualities that are present in the Yeddonba region.

Exhibition 10 - 26 Nov

Official Opening Saturday 18th Nov 5 - 7pm

Guest speaker Jamie Kronborg
Beechworth Arts Council President

Old Stone Hall Gallery 7 Church St Beechworth
Open Thurs-Sun 11-3

OLD STONE HALL
www.facebook.com/oldstonehall



Invitation

You are invited to a special information session for grandparents raising grandchildren.

The following local organisations will be on site to assist and advise grandparents raising grandchildren of available support services.

- Grandparents Raising Grandchildren
- Upper Murray Family Care
- Maternal Child Health Outreach
- Gateway Health
- North East Water

Friday 27 October 2017
10.00am to 11.30am

North East Water Auditorium
83 Thomas Mitchell Drive
Wodonga

RSVP's essential by
20 October 2017

1300 361 622
or info@newater.com.au

Morning tea will be provided

Proudly supported by:





yoga & PILATES

now at Beechworth Fitness

Introductory 1-hour Classes

- Thursday 2nd November 930am – YOGA
- Thursday 2nd November 630pm – PILATES
- Friday 3rd November 930am – YOGA
- Saturday 4th November 930am – PILATES

Bookings essential. \$15 per person. BYO mat if you like

Balance your exercise regime with customized yoga and pilates classes for a complete mind and body workout to improve your balance, increase flexibility, build overall body strength, create lean muscle mass and walk away feeling amazing.

Led by a highly qualified and experienced yoga and pilates teacher, the classes include breathing techniques, variations to suit every experience level and relaxation practices with a focus on safety and progress.



03 5728 2200

info@beechworthfitness.com.au

beechworthsfc.com.au



arjuna yoga

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arjuna-yoga.com.au

**Classes
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build lean
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