

Montessori News

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BEECHWORTH VIC 3747

Beechworth Montessori is a Child Safe School

Term 3 Week 1 – 20 July 2017

The newsletter will be distributed fortnightly with room reports appearing in alternate editions.

2017 Term Dates: Term 1 - 1st February to 31st March (9 weeks)
Term 2 - 18th April – 30th June (11 weeks)
Term 3 - 17th July – 22nd September (10 weeks)
Term 4 - 9th October – 20th December (11 weeks)

Monday	Tuesday	Wednesday	Thursday	Friday
17 th July First Day of Term 3	18 th July	19 th July Cycle 3 (nominated students) Meals on Wheels 11.15am-1.15pm	20 th July	21 st July Coffee Morning Cycle 3 Winter Sports Carnival
24 th July	25 th July	26 th July	27 th July	28 th July Coffee Morning
31 st July	1 st August	2 nd August Parent Information Evening The Great Stories 7pm-8.30pm	3 rd August	4 th August Coffee Morning
7 th August	8 th August	9 th August	10 th August Cycle 3 (nominated students) Junior School Council 10am-1pm	11 th August Coffee Morning
14 th August	15 th August	16 th August	17 th August	18 th August Coffee Morning Cycle 3 (nominated students) Meals on Wheels 11.15am-1.15pm
21 st August	22 nd August	23 rd August	24 th August School Sports Carnival	25 th August Pupil Free Day

For any further dates, the **School Stream** App on your smart phone currently shows the next 90 days of events.
For the rest of the year please see the calendar on our website.

A note from Susi

Welcome back to school after what I hope has been a restful and enjoyable break for the children. It is indeed chilly weather and our new heating system is greatly appreciated. Layering clothing is recommended for the children, as although the rooms are a beautiful temperature, outdoor activities are absolutely icy.

Thankyou: To all the people who helped over the school holidays to move furniture, pack and unpack, as flooring and heaters were installed. It was a massive effort and the result is stunning! The warmth, the ambience and beauty is bringing much pleasure to all! As well, to comply with Child Safety Standards, glass doors have replaced solid doors on rooms along the back of the school - many thanks to John Rouch.

2017 National School Boards Week: The first week of Term 3 every year in Australian schools is National School Boards Week. It is about taking the time to know and acknowledge the significant contribution made by our Committee of Management to our school. As Acting Principal of the school I work in close partnership with the CoM. I greatly value the skills and knowledge each CoM member contributes. Each day I witness the incredible amount of time our CoM members volunteer to the school. The CoM are an integral part of our school community and we would like to show our appreciation. The Cycle 2 kitchens are preparing to bake snacks for the next CoM meeting. During Term 3, Cycle 3 students will interview CoM members about their role and the purpose of the Committee. We can look forward to reading the interviews in the newsletter and learn a little bit more about the importance of this role to our school.

Susi

Parent Information Evening – The Great Stories

The Great Stories form the basis of the Cycle 2 and 3 curriculum.

The evening session is estimated to last approximately 1 ½ hours and is structured in a way that will allow parents to leave early if they need to.

During the first part of the evening we will give an overview of the stories and describe the purpose and intent behind the stories. The second half will provide the opportunity to experience one of The Great Stories as the children experience it. The evening will have a Cycle 2 focus, but parents from all cycles are invited.

We commence at 7pm in an effort to allow dinner (and perhaps bedtime routines) for your children to be completed prior coming out for the evening's education session. If you are in the position of not being able to attend due to child care concerns, please contact the office, and if numbers indicate a need, we may be able to arrange care at school during the evening.

When: Wednesday, August 2nd

Time: 7pm

Where: Turquoise Room

Hope to see you there. RSVP is not vital but helpful for planning purposes.

Karen and Nicola

Peer Support Program

This term, the Peer Support Program will be run at Beechworth Montessori School for the first time. In Peer Support, the Year 6 students, with Year 5s to help them, lead a group of approximately 12 students in set activities designed to support their emotional and social skills. Each teacher will supervise a group in their classroom. There are a variety of modules available. Pamphlets have been placed in Parent Pockets. This week our year 6 students have had their training for this program which will run on Friday afternoons starting on Friday 28th July.

Session 1 – Being Friendly – Friday 28th July

This is the first of the Peer Support sessions. We are working on a module called *Keeping Friends* helping us explore the concept of friendship, build relationships and develop skills in empathy and critical thinking. The module runs for 8 sessions. Our first session enables the children to get to know everyone in their group, agreeing on how they will work together and interact cooperatively with others. They will also begin to think about the meaning of friendship. We encourage you to talk to your children about Peer Support every week as it will help to reinforce the concepts learned in each session.

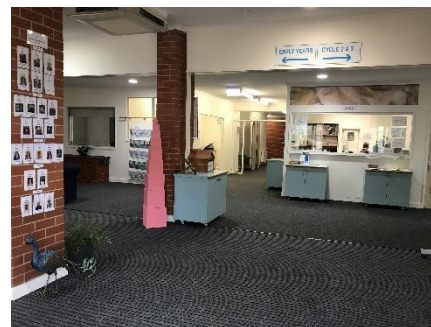
General News

Thank you to Dick Carey for his invaluable work year round but in particular for his mammoth effort over the school holidays, moving cleaning and doing whatever else was needed. Thank you also to Rachel Kerkvliet, Darren Cogger, Andrew Croft, Jacqui Alessi, Rachel Moon and Martina Ryan for their work cleaning, moving and organising so that we were ready for the children on Monday.

Coffee Mornings Our Friday coffee mornings continue....connect with other parents from 8.30am in the foyer. Enjoy Allpress coffee kindly donated by the Cellar Door and made by Cooper Roscouet to raise funds for Syrian refugees.

Building Update

Those of you have been into the school this term will have seen and felt an enormous difference. Flooring is now in all classroom, most offices and meeting rooms as well as the public spaces. The exit to the Cycle 2 & 3 playground has been widened and heating is in and operational. The hall is well underway with flooring going down in the next few weeks.



Bendigo Bank Grants Program

On Monday night Juliet Plowman, Nicki Munro, Melissa Scott and Feona Roscouet attended the Grants Night run by Beechworth & District Community Branch of the Bendigo Bank. There were 19 community groups there to accept grants from the bank to further develop their offerings.

Juliet & Susi wrote our application, aptly named 'La Casa Chook,' a proposal to improve and enlarge our chicken's accommodation at the school. Beechworth Bendigo Bank have kindly granted us \$1000 to enable us to do this. We would like to take this opportunity to thank the Beechworth Bendigo Bank for their kind donation of \$1000.

Please think them when looking to meet your banking needs, they have a fantastic range of products and it is only with our support as a community that they can give back.



Montessori Matters

The Importance of Outdoor Play in Winter

from <http://montessoriacademy.com.au>

With the chill of winter settling in, it is timely to discuss the importance of outdoor play. During the cooler months, it is common for children to be restricted to indoor play at home, and only permitted to play outdoors when it is warm and sunny.

Many parents fear that their children will not "like" being outside in the cold, or that they will get sick from being outside in the cold fresh air. For this reason, it is particularly important that young children enjoy outdoor activities in their early childhood education service.

Playing outside in autumn, winter, and early spring, each present their own unique opportunities for exploration and learning. Therefore, outdoor play should be embraced in all types of weather, as it is crucial for children's ongoing development.

The Most Common Winter Myth Dispelled - My child will get sick if they play outdoors in the cold

Most adults associate winter with getting colds and illnesses such as the flu. However, it is not exposure to the cold that cause these viruses. In fact, it's likely to be increased exposure to poorly ventilated indoor environments, where bacteria and viruses live. By encouraging outdoor play in winter, children gain much needed exposure to fresh air and Vitamin D, while avoiding bacteria.

Why Outdoor Winter Play is Important

See the outdoors through a new lens

During the spring and summer, children become familiar with bright green foliage, flowers in bloom, and a warm climate. As the change in season, they come to see different characteristics in their environment, such as brown grass, fallen leaves, and ice.

These developments provide children with new experiences and opportunities, such as learning about the seasons, and the life cycles of plants. Through outdoor play in the winter, children also learn to see their environment through a different lens, and progress from being unconscious to conscious observers of their environment.

The physical health benefits of outdoor play

Playing outdoors in winter promotes physical development and well-being. This is because outdoor play encourages the use of the whole body by offering a safe space to run, jump, and exercise key muscle groups.

Through activities such as riding tricycles, swinging, and running, children increase their large muscle use. This increase in physical activity supports children's gross motor development and overall health.

It is important that children remain active in the cooler months so that they continue to build emerging skills that are crucial to their physical development.

The emotional benefits of outdoor play

Outdoor activities also promote emotional health benefits, such as self-confidence, and the ability to assess risks. By encouraging outdoor play in the winter, children learn to identify hazards, such as slippery surfaces, and moderate their behaviour to ensure their safety.

Further, challenges associated with winter environments, such as icy leaves, and games played in fog, also provides children with new ways to develop their emotional skills. Through wintry games, children learn to explore, work together, and find harmony in endless problem-solving opportunities.

The social benefits of outdoor play

Finally, playing outdoors with others encourages social development and collaboration. This is because play teaches children how to work together in groups, which includes learning to share, negotiate, and solve conflict.

Social outdoor play also provides children the opportunity to exercise and stretch their imaginations. In winter, the physical changes to the outdoor environment provide children with new opportunities for socio-dramatic play, and winter-themed games.

Children who are encouraged to explore through play are also more likely to learn new skills and overcome challenges, which promotes self-confidence, resilience, and self-advocacy. The development of these social skills are highly important to the development of healthy social relationships, communication skills, and a strong sense of self.

Community Notices



BRIGHT RED FOOTBALL IN THE COMMUNITY



Myrtleford and District Basketball Association Inc.
2017 Vicinity Centre's Aussie Hoops Program
Term 3 – Starting Tuesday 18th July, 2017.
Group session times will depend on registrations.

Cost - \$45 Returning member
\$75 New registration

Register at www.aussiehoops.com.au

Find a program – type 3737 and click Myrtleford.

More info Phone Sarah [0424 345 523](tel:0424345523) or Andrew [0427 512 061](tel:0427512061). Email – sarah.purss@gmail.com

MUFC ACADEMY TERM 3 PROGRAM

WEEKLY DEVELOPMENT TRAINING – TERM 3
July 18th – Sept 19th, 2017 – THE SCOTS SCHOOL,
ALBURY

Murray United Bright Red Academy offers a fun and intensive year round program for 5 to 12 year old boys and girls designed to create a complete well-rounded football player.

Held one night a week for 10 weeks during school terms, the academy program is for players wanting to further develop technique and skills alongside their local junior club training.

Sessions are based on the Skill Acquisition FFA Curriculum and are carefully structured to achieve the correct balance between the technical, tactical, physical and educational components according to age and stage of development.

The program is delivered by our club Senior Football Manager James Coutts, assisted by qualified and experienced MUFC coaching staff.

Places are limited with coaching ratios of 1 coach to 12 players.

PROGRAM DETAILS:

Venue: The Scots School, Albury	Sessions: 1 x 1 hr session per week 4:30pm – 5:30pm All players
Duration: Term Based – 10 weeks	Cost: \$150 per term (payment is upfront for the term)
Term 3 – Tue 18 July – Tue 19 Sept	Extra: Training shirt \$35 (optional)

BOOKINGS: jcoutts@murrayunitedfc.com.au M: 0424 094 622

ENQUIRIES: James Coutts, MUFC Senior Coach



Learn new skills, techniques and develop as a player with our exciting new program!